



The Bengal Obstetric and Gynaecological Society

Website: www.bogs.org.in
Email: bogs1936@gmail.com

July 2026

BOGS TIMES

Foundation Day Edition

EDITORIAL

As another BOGS Academic Year comes to a close, it's natural to reflect on the highs, lows and everything in between. The end of the year is a time to celebrate the lessons we have learned, the growth we have experienced, and the wonderful memories we have made as Team BOGS. This special Foundation Day edition of BOGS Times reflects our remarkable journey in the past few months.

The Bulletin and Website Committee has put in their best efforts to compile the myriad of academic programmes, Public Awareness activities and Social activities. It was a Herculean task to write in brief and compile photographs good enough to reflect the true spirit of Yuvacon 2026. This edition also briefs about the FOGSI REACH CMEs, the dream project of our FOGSI President, other CMEs on relevant clinical problems, and special CMEs held on World Menstrual Day and the nostalgic Dr Subhas Mukherjee Memorial Lecture.

As you flip through the pages, you will get an overview of the excellent Public Awareness Activities which were the hallmark of this BOGS year.

Foundation Day is a special event when the young minds and experienced hearts beat together. This edition carries the interview of a teacher who is an amalgamation of both.

As the monsoon rain splashes against the green landscape giving an exhilarating sense of new beginnings, you will love to go through the pages of this edition which reflect the bonhomie amongst our evergreen BOGSIANS.

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instil in us."

With these words of wisdom of Hal Borland, the Bulletin and Website Committee signs off for this academic year and looks forward to another vibrant year filled with new dreams, new hopes and novel activities.

Long Live BOGS.

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BOGS 2025-26

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LEARN



GROW



SERVE



TOGETHER

CELEBRATING OUR JOURNEY. INSPIRING NEW BEGINNINGS.

President's Message



Dear BOGSians,

As Team BOGS 2025–2026 approaches the conclusion of its memorable journey, I write this final message with a heart filled with gratitude, pride, and optimism. Serving as the President of the Bengal Obstetric & Gynaecological Society has been one of the greatest honours of my professional life, and I remain deeply grateful to every member for the trust, support, and encouragement you have extended throughout this remarkable year.

When we began our journey in July 2025, we adopted the theme **“Saving Women's Lives – From Awareness to Action.”** It was far more than a slogan—it was a commitment. Today, as I look back on this extraordinary year, I am immensely proud that, together, we transformed that commitment into meaningful action.

The year witnessed several landmark academic achievements. Our flagship annual conference, **BOGSCON 2025**, became the largest conference in the history of our Society, bringing together more than 850 delegates from across the country. **ENDOGYN 2026**, organised by the IAGE Bengal Chapter in collaboration with BOGS, was another outstanding national conference featuring live surgical workshops and two days of high-quality scientific sessions.

Recognising the academic aspirations of young obstetricians and gynaecologists, we organised our signature programme, **BOGS YUVAICON**, with an overwhelming response from early-career practitioners. The World Cancer Day CME and our uniquely designed postgraduate teaching programme, **PACE**, were equally well received. The Society also observed World Breast-feeding Week, World Menopause Day, World Prematurity Day, World Menstrual Hygiene Day, and the Fortnight Against Violence Against Women through dedicated CMEs and awareness programmes.

Despite an exceptionally busy academic and public health calendar, the Society remained committed to honouring the pioneers of our profession. We organised eight prestigious memorial orations named after **Dr Kalyani Mukherjee, Dr Chunilal Mukherjee, Dr Mahamaya Sarkar, Dr Subodh Mitra, Dr Sudhir Chandra Bose, Dr D. C. Dutta, Sir Kedarnath Das, and Dr Bamandas Mukherjee**. We also commemorated **Dr Subhash Mukherjee** by organising the memorial lecture bearing his name on the 45th anniversary of his passing. These orations and the memorial lecture, delivered by eminent national and international academicians, enriched our academic heritage while paying tribute to those who laid the foundations of our Society.

True to our commitment to reducing maternal mortality by nurturing the next generation of obstetricians and gynaecologists, we organised hands-on training programmes in collaboration with leading teaching

hospitals. Young practitioners received structured training in safe abortion services, while postgraduate trainees and resident doctors enhanced their skills in managing obstetric emergencies through simulation-based workshops. We firmly believe that better training leads to safer motherhood.

Perhaps the most gratifying achievement of the year has been our work in the community. Through the **BOGS Women's Health Initiative**, we translated our vision into tangible public health action. During the year, we conducted more than **1,500 haemoglobin estimations, 500 thalassaemia screenings, 1,000 HPV DNA tests for cervical cancer screening, 200 mammography screenings, and 150 bone mineral density assessments**, in addition to numerous health awareness programmes across the state. One of the proudest achievements of this presidency has been the administration of **2,300 free doses of the HPV vaccine** to underprivileged girls—an investment in a healthier future for generations to come.

Beyond the conferences, programmes, and statistics, what I shall cherish most is the extraordinary spirit of togetherness that defined this year. Every achievement was made possible through the invaluable guidance of our respected Past Presidents and Advisors, the dedication of our Office Bearers, Executive Committee members, Subcommittee members, academic and industry partners, generous sponsors, and every BOGS member who believed in our shared vision. This has truly been a journey of teamwork, friendship, and unwavering commitment.

As I conclude my tenure, I do so with immense satisfaction and humility. No presidency is the achievement of one individual; it is the collective accomplishment of an entire Society united by a common purpose. Whatever we have achieved this year belongs to every member of the BOGS family.

Thank you for giving me the privilege of serving this wonderful Society. The friendships I have forged, the experiences we have shared, and the memories we have created together will remain among the most treasured chapters of my professional life.

I am confident that BOGS will continue to scale greater heights with the same passion and commitment, united in our mission to **save women's lives through knowledge, service, and action**.

With my deepest gratitude and warmest regards,

M. M. Samsuzzoha, President
The Bengal Obstetric & Gynaecological Society (BOGS); 2025–2026

Honorary Secretary's Message



Dear BOGS Family,

As I write to you for the last time in my capacity as the Honorary Secretary of BOGS, my heart is filled with gratitude, pride, and countless cherished memories. Over the past year, I have had the privilege of working alongside our brilliant President, Dr. M. M. Samsuzzoha, an exceptional Managing Committee, and an enthusiastic membership whose guidance, encouragement, and unwavering support transformed every initiative into a meaningful achievement and every challenge into an opportunity for growth.

Together, we have celebrated academic excellence, strengthened professional and personal bonds, and reaffirmed our collective commitment to advancing women's healthcare. Every meeting, CME, workshop, and interaction has reflected the true spirit of BOGS—a society built on friendship, learning, mentorship, and service.

This edition of BOGS Times captures the various academic programmes and REACH CMEs conducted over the past three months, particularly those organized in collaboration with our academic partners and FOGSI. Among all our activities, the event closest to my heart has been the Hands-on Obstetric Skills Workshop for postgraduate students held at CNMCH. The overwhelming appreciation from the participants and the analysis of their feedback reaffirmed the need for many more such skill-based training programmes in the future.

Another memorable milestone was Yuvacon—a conference truly *"by the Yuva, of the Yuva, and for the Yuva"*—held on the auspicious occasion of Rabindra Jayanti. The energy, enthusiasm, and academic brilliance displayed by our young members made it a remarkable success. The 11th Dr Subhash Mukherjee Memorial Lecture held on June 19, the 45th death anniversary of the great doctor – scientist, was also an emotional day for all of us.

In this issue, we are also privileged to feature an inspiring tête-à-tête with Prof. Arup Kumar Majhi, whose remarkable journey continues to motivate generations of obstetricians and gynaecologists. Our District Corner presents an insightful article, "MIS in a Rural Hospital: My Experience," by Dr. Amit Dutta, Honorary Secretary

of the Bardhaman Obstetric & Gynaecological Society, highlighting how innovation and commitment can transform patient care even in resource-constrained settings.

Beyond academics, BOGS has remained steadfast in its commitment to improving women's health through community outreach and public awareness initiatives. Our efforts have encompassed anaemia and thalassaemia screening, bone mineral density assessment, HPV DNA screening and vaccination, and advocacy programmes aimed at promoting women's health across every stage of life. We had set targets for these initiatives, and I am delighted to share that we have successfully achieved most of them through your wholehearted participation and support.

None of these accomplishments would have been possible without the trust, encouragement, and cooperation of every member of our BOGS family. Every success we celebrate today belongs not to an individual but to all of us collectively.

As I hand over this responsibility, I do so with immense confidence in the incoming team. I am certain that under their leadership, BOGS will continue to scale greater heights, uphold its rich traditions, and create many more milestones in academics, service, and advocacy.

Although my tenure as Honorary Secretary comes to an end, my association with BOGS certainly does not. I shall always remain a proud and committed member, ready to contribute in every possible way to the continued growth of our beloved society.

Thank you once again for entrusting me with the privilege of serving as your Honorary Secretary. The friendships I have forged, the experiences I have gained, and the memories we have created together will remain among the treasured chapters of my life.

With heartfelt gratitude and warm regards,

Dr. Tulika Jha

Honorary Secretary, BOGS

Long Live BOGS

Jai Hind

New Annual Members

Amina Molla
Ankita Dan
Arpan Deb Kanango
Ayisha Ansari
Deepti Ghosh
Enakshi Sarkar
Kakoli Basu

Kumari Sonal
Madeti Usha Rani Surya Sireesha
Megha Patni
Mohana Chakraborty
Nitu Sarkar
Papiya Das
Rangan Bhattacharyya

Ruchika Samanta
Sayan Ghosh
Shashi Panja
Shreya Das
Soma Mondal
Sonali Mishra
Tanuja Kabir

Up, Close and Personal

PROF. DR. ARUP KUMAR MAJHI is a teacher and author of national repute and a distinguished Obstetrician-Gynaecologist. Currently, he is Professor, Department of Obstetrics & Gynaecology Santiniketan Medical College, Bolpur.

On behalf of BOGS Times, Dr. Ramprasad Dey, Dr Tulika Jha., Dr. Susmita Chattopadhyay and Dr. Chaitali Datta Ray visited this Past President of BOGS at his home in Picnic Garden. As the evening unfolded through 'chai pe charcha', Prof. Majhi, took us on a nostalgic journey down memory lane, with the twinkling lights of ITC Royal occasionally peeping through the background curtains.



BT: Sir, please tell us something about your childhood.

AKM: I was born in a remote village, Toria, in the then undivided Midnapore district (now Paschim Medinipur), in a joint family. My father lived together with his two brothers. Altogether, there were thirteen children in our joint family—four brothers and three sisters in our own family, along with our cousins. My elder sister was married at the age of 14, after which I was the eldest in the family. Later, I lost my father in 2000 (after I had already become a medical teacher), and my mother in 2014.

My father was essentially a social worker, while one of my uncles was a primary school teacher. Our family-owned considerable agricultural land and several ponds, but our village lacked proper communication. There was only one primary school, where I studied, and the nearest high schools were located far away.

BT: Where did you finish your schooling then?

AKM: After completing my primary education, a junior high school was founded in our village by my father, and I had the privilege of being admitted to its very first batch. The school was housed in a simple mud-built structure. After passing Class VIII, I was admitted to Chandrakona Road Saradamoyee High School, nearly 15 km away.



Marriage in 1989

I travelled by bicycle, but mostly stayed in the school boarding house.

BT: How did you start your journey to become a doctor?

AKM: I passed the Higher Secondary Examination in the First Division, at a time when very few students secured such results. My father and uncles were determined that I should pursue medicine and so I was not allowed to apply to engineering colleges. Initially, I joined the B.Sc. Chemistry (Honours) course at Midnapore College, but subsequently gained admission to Nil Ratan Sircar (N.R.S.) Medical College through Joint Entrance Examination.

During my initial MBBS days I developed a deep interest in anatomy, particularly dissection. In later years I also thoroughly enjoyed clinical work, and this led me to personally arrange for treatment of many poor patients from my village, at my hospital.

BT: Sir, what made you choose this particular discipline?

AKM: After completing my MBBS in 1982, I joined as House Surgeon under Prof. B. N. Chakraborty, which proved to be the turning point of my professional life. He was deeply impressed by my sincerity towards patients and played a pivotal role in shaping both my love for Obstetrics and Gynaecology, and my career. Working under Prof. Chakraborty, a pioneer in subfertility and complex surgeries (e.g. hystero-vaginoplasty) for rare Müllerian anomalies like MRKH, sparked my lifelong interest in reproductive endocrinology and infertility. During my house-staff ship, he even assisted me in the surgery of a benign ovarian tumour, a rare opportunity at that time when even postgraduate trainees had very limited surgical exposure.

On completion of my house-job, Prof. Chakraborty inducted me into his private clinic at CIT Road, Kolkata, where he had started IVF research following the tragic demise of Dr. Subhas



In front of Taj Mahal

Mukherjee. I became the youngest member of the IVF team, working alongside Prof. Chakraborty, Dr. S. Ghosh Dastidar, Dr. Siddhartha Chatterjee and Dr. Soumen Goswami. IVF was then in its experimental stage. I still vividly remember that day in November 1986, when a test-tube baby was delivered through the dedicated efforts of our Kolkata IVF team.

BT: So, when did you do your post-graduate degree?

AKM: In 1986, I was selected for the MD course in Obstetrics and Gynaecology at N.R.S. Medical College. I was extremely fortunate to be trained by a galaxy of distinguished teachers including Prof. B. N. Chakraborty, Prof. B. B. Sarkar, Prof. Mahamaya Sarkar, Prof. D. C. Dutta and Prof. S. K. Paul. I was especially fortunate to have Prof. B. B. Sarkar as my MD guide.

These great teachers completely transformed my philosophy of the medical profession. Prof. B. N. Chakraborty exemplified the perfect blend of teaching, clinical acumen and research excellence, while Prof. B. B. Sarkar taught me how to translate knowledge into clinical practice and how to become a good teacher. It was during this period that my passion for teaching, clinical medicine and surgery grew, and I began to dream of writing a student-friendly clinical textbook.

BT: Did you directly join teaching thereafter?

AKM: After completing my MD, I was selected for the Indian Railways Medical Service, the Central Health Service through UPSC, and the West Bengal Health Service through PSC. Although I initially joined the Central Health Service in Kolkata, I resigned and joined the West Bengal Health Service in 1988, even though the salary was half of what I was getting. This stemmed from a wish to both serve the underprivileged people of rural Bengal, and opt for teaching. At that time

Medical Education Service (MES) had not become a separate service.

My first posting was at Dhaniakhali Rural Hospital, a primary health centre in Hooghly district, where I served for five years. There was virtually no infrastructure for major surgery such as caesarean section or hysterectomy. Those five years opened my eyes to the realities of rural healthcare and profoundly influenced my approach to patient care. The greatest lesson I learnt was that every patient must first be treated as a fellow human being before being viewed through the lens of speciality or super speciality.

BT: What made you subsequently opt to join teaching?

AKM: During this period, two major developments significantly influenced our profession: the implementation of the Consumer Protection Act (CPA) in 1986 and the introduction of the non-practising Medical Education Service (MES) in 1990. Although I enjoyed private practice, my passion for teaching ultimately led me to choose an academic career.

BT: Please tell us about your journey as a teacher?

AKM: In 1993, I joined R. G. Kar Medical College as RMO-cum-Clinical Tutor, where I served for five years. This time was extremely rewarding as I gained extensive experience in managing complex emergency and elective cases, which greatly sharpened my clinical judgement and surgical skills. Regular teaching here also helped me develop my own style as a teacher. I had the



Family photo

privilege of working with excellent senior and junior faculty members, talented postgraduate students, and enthusiastic undergraduate students. Many of my postgraduate students, including Dr. Runa Bal and Dr. Chaitali Datta Ray, Dr Tulika Jha, Dr Somajita Chakraborty later became renowned teachers and also Heads of Departments. Others like Dr Kausik Das, Dr Adrija Dutta and Dr Biswapati Mukherjee are all extremely well established in their own areas.

R. G. Kar Medical College was also a Regional Centre of Excellence for Sterilization reversal and Prof. Gita Ganguly Mukherjee was in charge then. I was fortunate to receive extensive training in microsurgery under the operating microscope and performed several hundred microsurgical procedures.

BT: You have always been very interested in obstetric mortality. Was it in RG Kar that this interest developed?

AKM: In 1996, WHO and UNICEF published the first global report on maternal mortality, and India Govt launched its CSSM in 1992 and RCH programme in 1997. At that time, India, including R. G. Kar Medical College, had a high maternal mortality ratio, with eclampsia being one of the leading causes. I analysed maternal deaths of R G Kar Medical College over the preceding ten years and the findings were presented at national conferences and also published in our FOGSI journal. Around the same period, magnesium sulphate was initiated as standard treatment for eclampsia. Maternal mortality became one of my principal academic interests, and later

As president felicitating Prof B N Chakraborty in foundation day in 2017



As Hon secretary in BOGSCON

throughout my tenure as Head of Department, I meticulously analysed every maternal death to identify preventable factors. During this period, I also completed my DNB in 1996. I began writing scientific papers regularly, and have remained an active contributor to medical journals, textbooks and scientific publications. I also became a regular attendee of AICOG, routinely presenting free papers, and have now been an invited faculty for more than 20 years.

BT: Where did you go after R G Kar Medical College?

AKM: I was promoted to Lecturer in 1998 and after few months transferred to Burdwan Medical College. Working in a rural medical college enriched my experience and convinced me that a medical teacher's career remains incomplete without rural service. I was later transferred to my alma mater, N.R.S. Medical College, where I was promoted to Associate Professor and became an official postgraduate thesis guide. A few years later, in 2005, I returned to R. G. Kar Medical College, where I learnt laparoscopic surgery while working with several outstanding colleagues. It was during this time that my cumulative analysis of maternal mortality over a twenty- year period was published in an International journal.

In 2008, I was promoted to Professor. Later that year, I was transferred to Bankura Sammilani Medical College as Head of Department, to start the postgraduate course. That time was one of the most challenging phases of my career because I suddenly had to deal with both administrative responsibilities and enormous patient load, at a time when my son's Higher Secondary Examination was just round the corner!

Bankura, Burdwan and R. G. Kar Medical Colleges each conducted approximately 20,000–24,000 deliveries annually. Managing such an enormous obstetric workload helped me mature



Installed as President, ISOPARB at Meerut

professionally and strengthened my expertise in preventing maternal mortality. Using the abundant clinical materials available, and with the support of my dedicated junior colleagues—Dr. Anirban Mandal, Dr. Sibsankar Murmu, Dr. Debjani Deb and many others—I completed my first book ‘Bedside Clinics in Obstetrics- Clinics to care with illustration’, whose first edition was published in 2011 after my return to R. G. Kar Medical College. In 2013, I took charge as Head of the Department of Obstetrics and Gynaecology at R. G. Kar Medical College and continued until my retirement in 2021 with a small gap in between.

BT: What other aspects of your tenure as Head of the Department in R G Kar Medical College do feel were noteworthy?

AKM: During this period, the department underwent remarkable development. A High Dependency Unit (HDU) was established, ultrasonography and multiple CTG machines were installed, and the labour room complex was substantially upgraded under the LaQshya Programme. The number of postgraduate MS seats increased to 25 annually. During this period in 2018, I also published my next book ‘Bedside Clinics in Gynaecology-- Clinics to care with illustration’.

The COVID-19 pandemic posed an unprecedented challenge, but our faculty members and postgraduate trainees managed it with remarkable dedication and efficiency. Since the majority of our postgraduate trainees were women, Dr. Tulika Jha played a crucial role in supporting them throughout this difficult period.

BT: Where has your second innings taken you, post-retirement?

AKM: After retirement, I joined Santiniketan Medical College, Bolpur, a newly established medical college where I continue to enjoy teaching undergraduate students. In 2023, I published my third book ‘Operative Obstetrics: An Illustrated Manual’ and I am pleased to say my next book Operative Gynaecology is due to be released.

BT: Your books are very popular among students. What is the secret?

AKM: Constant reflection made me realise that a book confined only to clinics is not sufficient for a student in OBGYN, which is why I added investigations and management from the clinical viewpoint to make the books more student and teacher friendly. In all my books the materials are collections from my early professional life and from colleagues, juniors and students. For editing I always take feedback from students, as they will give the best opinion about what is lacking.

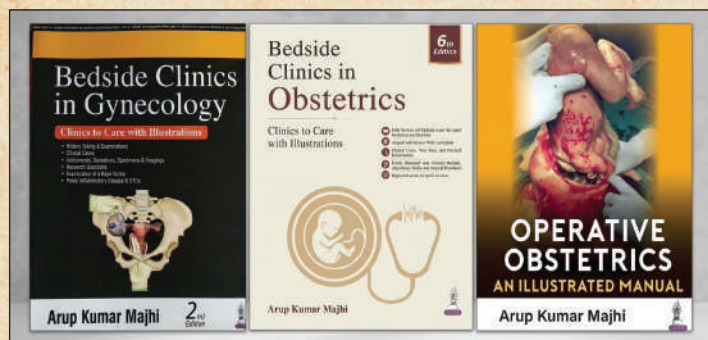
BT: Did you have any further interaction with Prof. B. N. Chakraborty?

AKM: Although I later joined the West Bengal Health Service and could not continue as a full-time member of the IVF team, I maintained a close association with Prof. Chakraborty until his death. Till date, I am still associated with IRM for research and academic activity.

BT: Now coming to more personal matters. How did you meet your wife?

R G Kar MC as HOD 2021





AKM: I met Dr. Swapna, who was two years junior, in N.R.S. Medical College. She was an outstanding student and became senior house surgeon of Prof. B. N. Chakraborty. She completed her MD (Obstetrics and Gynaecology) from N.R.S. Medical College. She has been my greatest source of support throughout my career, contributing immensely to both my academic progress and family life. Owing to my frequent transfers, she shouldered most of the family responsibilities.

BT: And what about the rest of your family?

AKM: Our only son, Debanjan, is a B. Tech graduate with a Master's degree in Film Design from the National Institute of Design, Ahmedabad. He is a film director, UNICEF consultant and an award-winning filmmaker. My daughter-in-law, Sinjini Bakshi, holds an M. Com degree and works in a prestigious post in renowned multinational financial company in Kolkata.

BT: Sir, please tell us about your association with BOGS.

AKM: The Bengal Obstetric and Gynaecological Society has always been like an extended family to me. I became member of BOGS in 1992. In 2010 I served as Honorary Secretary along with Dr. Kushagra Gosh as president, and Dr. Bhaskar Pal, the present FOGSI President, as Clinical Secretary. Despite being posted at Bankura Sammilani Medical College during my initial tenure as Secretary, I was able to discharge my responsibilities effectively because of the excellent teamwork. In 2017, I had the privilege of serving as President of BOGS along with Dr Abinas Roy as Secretary and Dr Ramprasad De as clinical secretary. During my tenure, three initiatives remain particularly memorable to me: felicitation of all BOGS members above 80 years of age, introduction of BEST, a structured postgraduate teaching programme using local faculty and publication of a comprehensive BOGS Members' Directory with colour photographs. I also served as Corresponding Editor of the FOGSI Journal and presently serve as a Governing Council Member of ICOG. I regularly attend various FOGSI and ICOG academic activities.

BT: You are a well-known National figure in our field. In what other OBGYN organizations have you been office bearer?

AKM: I became a member of ISOPARB in the mid-1990s through Dr. Gita Ganguly Mukherjee. I served as Editor-in-Chief of the ISOPARB Journal for seven years, later became President of the Kolkata Chapter, and subsequently had the honour of serving as the National President of ISOPARB in 2023.

BT: What is your message for young BOGSians?

AKM: I have always been very fond of my juniors and firmly believe that every young doctor has tremendous potential. I also continue to learn from them. My advice to young colleagues is simple: Recognise and respect your seniors and learn from their experience. Interact with them regularly and seek their guidance whenever necessary. Always treat your patients with compassion, empathy and a human touch, and remain approachable and accessible to them. Be humble and simple. Make the best use of professional organisations such as BOGS to enrich your academic and professional growth. Develop strong clinical skills and continue updating yourself with modern technological advances. Accept criticism positively, utilise your time wisely, and never allow yourself to become a victim of frustration or depression. Maintain a positive attitude, take care of your own health, and never neglect your family, for they remain your greatest strength throughout life.

BT: How will you reflect on your life? Do you have any regrets?

AKM: Teaching has always been my greatest passion. During my 33 years of Government service, I had the privilege of teaching thousands of students. Many are now well-established specialists across India and abroad, but still hold me in high esteem. This I feel is one of my greatest achievements, and so I actually have no regrets.





Minimally Invasive Surgery in a Rural Hospital: Challenges, Opportunities, and Clinical Experience

Professor Dr. Amit Dutta

Consultant Gynaecologist & Obstetrician; Professor & Head Gouri Devi Institute of Medical Sciences and Hospital; Secretary Burdwan Obstetrics and Gynae Society



Background

Minimally Invasive Surgery (MIS), including laparoscopic and hysteroscopic procedures, has revolutionized modern gynaecological practice by offering reduced postoperative pain, shorter hospital stay, minimal blood loss, early ambulation, faster recovery, improved cosmetic outcomes, and reduced postoperative morbidity. Over the past three decades, MIS has become the standard of care for many benign gynaecological conditions and selected oncological procedures. However, despite its proven benefits, access to MIS remains limited in rural healthcare settings due to inadequate infrastructure, financial constraints, lack of trained personnel, equipment maintenance issues, and limited institutional support. India's rural population constitutes nearly two-thirds of the country's population, where women frequently present with gynaecological disorders requiring surgical intervention. Strengthening MIS services in rural hospitals has the potential to improve surgical outcomes while reducing healthcare costs associated with prolonged hospitalization and delayed recovery.

Objectives

1. To highlight the feasibility and effectiveness of minimally invasive surgery in a rural obstetrics and gynaecology unit.
2. To discuss the challenges encountered while establishing and sustaining MIS services in a resource-limited hospital.
3. To identify strategies that can improve access to minimally invasive gynaecological surgery in rural healthcare settings.

Methods

This narrative review and observational report is based on clinical experience in the Department of Obstetrics and Gynaecology at a rural hospital. The spectrum of procedures included diagnostic laparoscopy, laparoscopic ovarian cystectomy,

salpingectomy for ectopic pregnancy, laparoscopic sterilization, total laparoscopic hysterectomy, laparoscopic management of adnexal masses, diagnostic hysteroscopy, hysteroscopic polypectomy, septal resection, and evaluation of abnormal uterine bleeding. Clinical observations focused on patient selection, perioperative counselling, surgical planning, operative techniques, postoperative recovery, complication management, and institutional factors including infrastructure, equipment availability, maintenance support, anaesthetic services, operating theatre logistics, and multidisciplinary teamwork.

Results

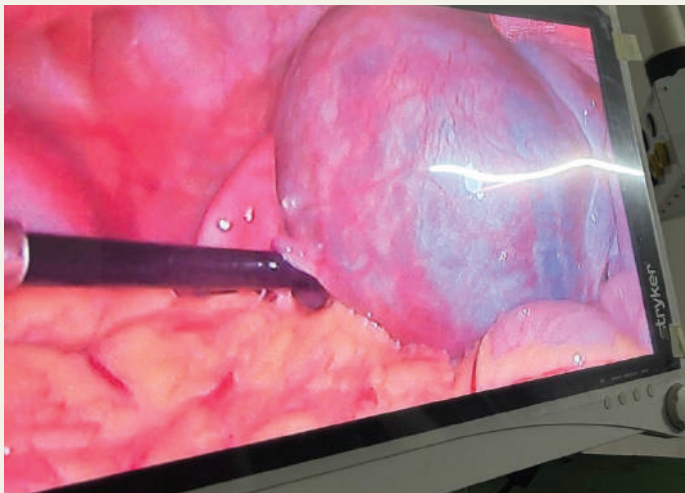
Minimally invasive surgery was successfully implemented for appropriately selected patients despite the inherent limitations of a rural healthcare setting. Patients undergoing MIS experienced significantly less postoperative pain, reduced analgesic requirement, minimal blood loss, shorter duration of hospital stay, earlier ambulation, quicker return to routine activities, and improved patient satisfaction compared with conventional laparotomy. Smaller incisions also resulted in superior cosmetic outcomes and reduced wound-related complications. Successful implementation depended upon careful patient selection, availability of essential laparoscopic equipment, trained surgeons, experienced anaesthesia teams, and skilled operating room personnel. Challenges included high procurement costs, maintenance issues, limited theatre time, intermittent power supply, and shortage of trained personnel. Institutional commitment and multidisciplinary collaboration were essential for sustaining MIS services.

Conclusion

Minimally invasive surgery is both feasible and highly beneficial in rural obstetrics and gynaecology practice when supported by appropriate infrastructure, trained personnel, and institutional commitment.

Strengthening laparoscopic infrastructure, improving training opportunities, ensuring regular equipment maintenance, and promoting multidisciplinary

collaboration are essential for bridging the gap between rural and urban women's healthcare.



Case of laparoscopic ovarian cystectomy in rural hospital



Case of laparoscopic ovarian cystectomy in rural hospital



Case of laparoscopic salpingectomy in a rural hospital

OBITUARY

"Wherever a beautiful soul has been, there is a trail of beautiful memories."

It is with immense grief that we mourn the untimely passing of Dr Susanta K. Das, on June 11th, 2026. A past president of Bardhaman Obstetric and Gynaecological Society, he was an eminent gynecologist, respected practitioner, loved by his friends, patients and everyone who came to know him. Although not one of our members in writing, his presence at all our important events with his thoughtful manner and sweet smile, made him one of our own. The Bengal Obstetric and Gynecological society is deeply saddened by his untimely passing, and we convey our heartfelt, sincere condolences to his family.

"To live in hearts we leave behind, is not to die." — Thomas Campbell



BEST WISHES



Prof. Dr Gita Ganguly Mukherjee

DGO MD FICOG FRCOG

Senior Consultant Gynaecologist, Kolkata; Former Professor and Head G&O, R G Kar Medical College, Kolkata; Ex-Vice President FOGSI, Ex- President BOGS, Ex-President ISOPARB; President, R. N. Ganguly Foundation

It gives me immense pleasure, as a Past President and senior member of BOGS, to witness the remarkable progress of our beloved organisation with each passing year. It is truly heartening to see BOGS growing stronger in its commitment to academic excellence, women's health, and professional leadership.

One of the most significant public health initiatives in recent years has been the promotion of HPV vaccination for the prevention of cervical cancer. With the Government of India now implementing free HPV immunisation for girls aged 14–15 years, BOGS has every reason to feel proud, having recognised the importance of this intervention long before it became a national programme. During the presidency of Dr. Mousumi De Banerjee, awareness campaigns were initiated in schools. Vaccination programmes were initiated during the tenure of Dr. Basab Mukherjee, and under the dynamic leadership of our current President, Dr. M. M. Samsuzzoha, the initiative has reached an entirely new level, creating a far greater impact across the community.

The past year has also been marked by exceptional academic achievements. Under the leadership of President Dr. M. M. Samsuzzoha, Honorary Secretary Dr. Tulika Jha, and a dedicated Managing Committee, BOGS organised outstanding orations, CMEs, conferences, and public awareness programmes, extending its reach not only across Kolkata but throughout the state and beyond. These initiatives truly reflected this year's inspiring theme—"Saving Women's Lives: From Awareness to Action."

A particularly memorable milestone was the installation of Dr. Bhaskar Pal as President

of FOGSI during AICOG in Delhi this January. It was an emotional and proud moment for every member of BOGS, as one of our own assumed the highest office of FOGSI after a gap of 26 years. The remarkable participation of delegates from Bengal was a testament to the unity and enthusiasm of our fraternity.

Equally encouraging is the growing presence of BOGS members on national and international platforms. Our members are playing increasingly important roles in FOGSI, ICOG, AFOG, and FIGO, while also contributing significantly to organisations such as ISOPARB, IAGE, IMS, ISAR Bengal, and RCOG. I sincerely hope that the day is not far when a BOGS member will lead FIGO as its President.

Another source of great satisfaction is the enthusiastic involvement of our younger members, whose energy, commitment, and fresh ideas promise a bright future for our society. Their active participation is a reassuring sign that BOGS will continue to flourish for generations to come.

I extend my heartfelt appreciation and blessings to President Dr. M. M. Samsuzzoha, Honorary Secretary Dr. Tulika Jha, and the entire team for their outstanding work in the academic, public health, and social spheres. Their dedication has further strengthened the reputation and stature of BOGS.

My warmest congratulations and best wishes to the incoming President, Dr. Shyamal Sett and the new Managing Committee. I am confident that they will build upon this strong foundation, carry forward these important initiatives with renewed vigour, and lead BOGS to even greater heights.

May our beloved BOGS continue to grow, inspire, and serve with excellence.

Long Live BOGS!

Academic Programmes

YUVACON 2026 – The Bengal Society Conference for Yuvas

Organized by The Bengal Obstetric & Gynaecological Society, YUVACON 2026 was held on 9th May 2026 at Altair Hotel, Salt Lake, Kolkata, with the inspiring theme, “Next Gen Excellence: Innovate, Integrate, Impact.” The conference brought together young obstetricians and gynaecologists for a day of enriching academic discussions, innovation, and collaborative learning. With 112 registered delegates and the participation of 60 esteemed faculty members, the conference was a resounding success.

The scientific programme was thoughtfully curated and featured two symposia comprising ten expert speakers, including five sessions conducted in collaboration with academic partners. Three highly interactive panel discussions on “Contraception in Special Situations,” “Fetal Growth Restriction,” and “Adnexal Masses: The Complete Spectrum” stimulated engaging discussions and were well received by the audience. The conference also showcased four invited video presentations, where young members demonstrated their surgical expertise.

Academic sessions highlighted recent advances in Artificial Intelligence, Minimally Invasive Surgery, Gynaecologic Oncology, Cosmetic Gynaecology, and Ovarian Ageing Management, reflecting the evolving dimensions of modern obstetric and gynaecological practice.

One of the major highlights of the conference was the prestigious YUVA Oration, delivered by Dr. Bidisha Roychowdhury on the thought-provoking topic, “The Nexus of Abuse and Health.” The oration sensitively explored the far-reaching impact of abuse on women’s physical and mental health and was highly appreciated for its relevance, depth, and social significance.

A distinctive feature of YUVACON 2026 was that the entire conference was conceptualised and organised by the young members of BOGS, reflecting their enthusiasm, vision, and leadership. The Organising Secretaries, Dr. Avishek Bhadra and Dr. Dipanwita Banerjee, displayed exemplary organisational skills, which played a pivotal role in the success of the conference.



During the inaugural ceremony, a special YUVA Edition of BOGS Times was released by BOGS President, Dr. M. M. Samsuzzoha, in the presence of Organising Chairperson and Honorary Clinical Secretary, Dr. Sushmita Chattopadhyay. The conference received constant guidance and wholehearted support from the Honorary Secretary of BOGS, Dr. Tulika Jha, throughout its planning and execution.

The conference concluded on a delightful cultural note, with beautiful performances of Rabindra Sangeet and dance presented by BOGS members. A captivating play,

directed by Dr. Mamta Sanghamita, added warmth and camaraderie to the event, making it a memorable conclusion to a day of academic excellence and fellowship.

YUVACON 2026 was widely appreciated for its contemporary scientific content, interactive learning environment, and strong emphasis on innovation, mentorship, and leadership. The conference successfully reaffirmed BOGS' commitment to nurturing the next generation of obstetricians and gynaecologists while fostering professional excellence, cultural harmony, and a spirit of togetherness.

FOGSI REACH CME on Fetal Growth Restriction (FGR)

The FOGSI REACH CME on Fetal Growth Restriction (FGR) was organized by FOGSI in collaboration with BOGS on 12th May 2026 at The Stadel, Kolkata.

The programme focused on the latest evidence-based approaches to the prediction, prevention, and management of fetal growth restriction. Dr. Seetha Ramamurthy Pal delivered an insightful lecture on the prediction, prevention, and management of early-



onset FGR, while Dr. Kusagradhi Ghosh discussed the management of late-onset FGR and growth assessment in twin pregnancies.

The CME was attended by 85 delegates and provided an excellent platform for updating knowledge and promoting evidence-based clinical practice in the management of fetal growth restriction.



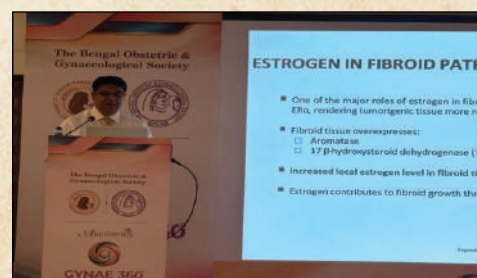
CME on Gynae 360

The CME on Gynae 360 was held on 13th May 2026 at Hotel Hindustan International (HHI), Kolkata, with Akumentis as the academic partner. The programme commenced with a welcome address by Dr. M. M. Samsuzzoha, President, BOGS, who greeted the delegates and emphasized the importance of continued academic engagement.

The scientific session featured a series of informative lectures covering diverse aspects of obstetrics and gynaecology. Dr. Shyamal Sett delivered a talk on the role

of Sildenafil in Fetal Growth Restriction (FGR), Dr. Sujoy Dasgupta discussed the role of antioxidants in male subfertility, and Dr. Abhinibesh Chatterjee spoke on the medical management of uterine fibroids. The sessions were chaired by Dr. Amit Basu, Dr. Bipasa Sen, and Dr. Nirmala Pipara, who facilitated insightful discussions and audience interaction.

The CME was attended by 57 delegates and was well appreciated for its practical, evidence-based scientific content.



CME on Induction of Labour

As part of its ongoing academic initiatives, BOGS organized a CME on Induction of Labour on Saturday, 23rd May 2026, at The Stadel, Kolkata, in collaboration with its academic partner, Ferring. The programme focused on contemporary practices and challenges in the induction of labour, particularly in high-risk pregnancies.

The scientific session commenced with an insightful lecture by Dr. Runa Bal on "Induction of Labour in High-Risk Cases," highlighting evidence-based approaches and practical considerations in clinical decision-making. This was followed by an engaging panel discussion on "Induction of Labour in Current Practice," moderated by Dr. Tulika Jha and Dr. Sushmita Chattopadhyay. The

distinguished panel comprised Dr. Biswajyoti Guha, Dr. Mini Sengupta, Dr. Samaresh Malo, Dr. Soma Dutta, and Dr. Subhadip Mullick.

The discussion was highly interactive, with enthusiastic participation from delegates representing both private and government healthcare sectors. The exchange of diverse clinical experiences, institutional practices, and perspectives enriched the session and provided valuable insights into the evolving approaches to induction of labour.

The CME was attended by 44 delegates and was appreciated for its practical relevance and engaging academic discussions.



CME on the Occasion of World Menstrual Hygiene Day

To commemorate World Menstrual Hygiene Day, BOGS organized a special CME on Thursday, 28th May 2026, at The Stadel, Kolkata, in collaboration with its academic partner, Dr. Reddy's Laboratories. The programme combined scientific updates with meaningful social dialogue, highlighting the importance of menstrual health awareness and education.

The scientific session featured two insightful lectures. Dr. Biswajyoti Guha spoke on "Management of Fibroids: The Relugolix Era," discussing recent advances in the medical management of uterine fibroids. This was followed by a thought-provoking presentation by Dr. Sebanti Goswami on "Pelvic Inflammatory Disease: Old Disease, New Questions," which explored the evolving understanding and contemporary challenges in the diagnosis and management of PID.

A unique highlight of the programme was "The Period Parliament," an interactive multidisciplinary panel

discussion moderated by Dr. Chaitali Datta Ray and Dr. Sushmita Chattopadhyay. The panel brought together diverse perspectives from medicine, academia, law, social work, youth, and parenthood. The panelists included Dr. Arunima Halder, Gynaecologist; Dr. Madhupa Bakshi, Professor at Heritage Academy; Mr. Shobhan Mukherjee, Social Activist; Ms. Sreeja Dutta, Undergraduate Student of Heritage Academy; Ms. Moupiya Sanyal, Undergraduate Law Student from KIIT, Bhubaneswar; and Mr. Sudipto Chanda from Dr. Reddy's Laboratories, who shared the perspective of a father of an adolescent son.

The panel generated lively discussions on menstrual health, myths, taboos, education, gender sensitivity, and the role of society in fostering a supportive environment for adolescents and women. The programme was widely appreciated for its innovative format, interdisciplinary participation, and its emphasis on promoting menstrual health awareness beyond the boundaries of clinical practice.



CME on Women's Right to a Healthy Life

BOGS organized a CME on Women's Right to a Healthy Life on Sunday, 31st May 2026, at The Park, Kolkata, in collaboration with its academic partner, Sun Pharma. The programme brought together experts to discuss important advancements in women's health, with a strong focus on evidence-based clinical practice. The CME witnessed an enthusiastic participation of 152 delegates.

The scientific programme comprised three informative sessions. The first session featured Dr. Piya Roy, who spoke on "Lactoferrin and Lactobacillus: Their Role in Women's Health," with the session chaired by Dr. Basab Mukherjee and Dr. Mandira Dasgupta. The second session included an insightful lecture by Dr. Pratap Kumar on "Elagolix in Endometriosis," highlighting recent developments in the medical management of

endometriosis. This session was chaired by Dr. Basudeb Mukherjee, Dr. Abhinibesh Chatterjee, and Dr. Dhruva Roy.

The final session was delivered by Dr. Subhas Mallya, who discussed "Eroboost Technology in NMP SR," presenting emerging therapeutic innovations in women's healthcare. The session was chaired by Dr. Tulika Jha and Dr. Subhash Biswas.

The CME was well received for its comprehensive scientific content, distinguished faculty, and practical clinical relevance. The interactive discussions throughout the programme provided delegates with valuable insights into contemporary approaches to improving women's health and reaffirmed BOGS' commitment to continuous medical education and professional excellence.



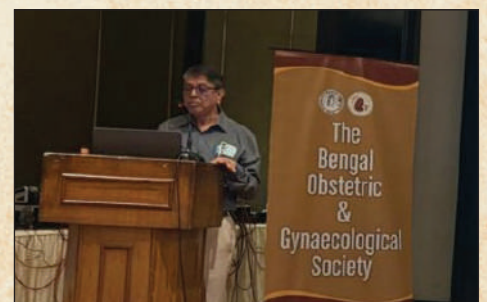
"Two to Tango" CME on PMOS & Fibroids

BOGS organized the "Two to Tango" CME on PMOS & Fibroids on 9th June 2026 at Vivanta, Kolkata, in collaboration with its academic partner, Eris. The programme focused on contemporary concepts in the management of fibroids and the evolving understanding of metabolic disorders affecting women's health. The CME was attended by 55 delegates.

The scientific session featured a series of engaging lectures by renowned experts. Dr. Basab Mukherjee delivered a talk on "Silent Growth, Significant Burden: Tackling Fibroids," highlighting current approaches to the diagnosis and management of uterine fibroids. Dr. Sajal Datta spoke on "PMOS: The New Name, The Metabolic Game – Role of Metformin and Myo-Inositol,"

providing valuable insights into the changing concepts of polycystic ovarian syndrome and its metabolic implications. Dr. Ramprasad Dey concluded the academic session with an informative presentation on "Protein in PCOS: A New Lens on Metabolic Health," emphasizing the importance of nutritional strategies in optimizing metabolic outcomes.

The sessions were chaired by Dr. Amit Basu, Dr. Kusagrah Ghosh, and Dr. Subhash Chandra Biswas, whose expert moderation enriched the scientific discussions. The CME was well appreciated for its practical, evidence-based content and its focus on addressing common yet challenging conditions encountered in everyday gynaecological practice.



Half-Day Hands-on Obstetric Skills Workshop II

The Half-Day Hands-on Obstetric Skills Workshop II was organized by BOGS on 12th June 2026 at Calcutta National Medical College & Hospital with the objective of strengthening practical obstetric skills among postgraduate trainees. The workshop provided participants with an opportunity to gain hands-on experience through supervised skill-based training in a structured learning environment.

The programme comprised four interactive skill stations, covering obstetric manoeuvres, instrumental delivery, manual vacuum aspiration (MVA) and post-abortion intrauterine contraceptive device (PAIUCD) insertion, and surgical management of postpartum haemorrhage (PPH). Each station emphasized evidence-based techniques and practical tips to enhance confidence and competence in managing common obstetric emergencies and procedures.

A total of 79 postgraduate trainees (PGTs) from Calcutta National Medical College (CNMC), KPC Medical College, R. G. Kar Medical College, Vivekananda Institute of Medical Sciences (VIMS), B. R. Singh Hospital, Medical College Kolkata (MCK), and Sagar Dutta Medical College actively participated in the workshop. The faculty included Dr. Tanmoy Mondal, Dr. Tulika Jha, Dr. Somajita Chakraborty, Dr. Ramprasad Dey, Dr. Ashis Kumar Mukhopadhyay, Dr. Avishek Bhadra, Dr. Prasenjit Banerjee, and Dr. Sushmita Chattopadhyay, who guided the participants through the practical sessions with enthusiasm and expertise.

Feedback forms were collected from all participating postgraduate trainees to evaluate the effectiveness of the workshop and identify future learning needs. The feedback will help BOGS plan regular hands-on training programmes and expand the range of practical skills offered, further reinforcing its commitment to competency-based postgraduate education and continuous professional development.



FOGSI REACH CME on Postpartum Haemorrhage (PPH)

The FOGSI REACH CME on Postpartum Haemorrhage (PPH) was organized by FOGSI in collaboration with BOGS on 13th June 2026 at Raajkutir, Swabhami, Kolkata. The programme focused on the latest evidence-based strategies for the prevention and management of postpartum haemorrhage, one of the leading causes of maternal morbidity and mortality.



The scientific sessions featured insightful lectures by Dr. Tanuka Das, Dr. Gouri Shankar Kamilya, and Dr. Ashish Mukhopadhyay, who shared their expertise on the contemporary management of PPH, highlighting practical approaches and current best practices. The sessions were chaired by Dr. Tulika Jha, Dr. Sudhur Adhikary, Dr. Rabindranath Roy, Dr. Abinash Chandra Roy, and Dr. Arup Kumar Majhi, whose valuable inputs enriched the academic discussions and encouraged active audience participation.

The CME was attended by 112 delegates and was well appreciated for its clinically relevant scientific content,



interactive discussions, and emphasis on improving maternal outcomes through timely recognition and effective management of postpartum haemorrhage.

CME on Medical Education

As part of its continuing academic initiatives, BOGS organized a CME on Medical Education on 17th June 2026 at Vivanta, Kolkata, in collaboration with its academic partner, Dr. Reddy's Laboratories. The programme featured scientific sessions and an engaging panel discussion, focusing on recent advances in women's health and metabolic disorders.

The academic session commenced with an informative lecture by Dr. Suparna Banerjee on "Estradiol Valerate in Women's Health: Management of Reproductive Outcomes," highlighting its clinical applications in contemporary practice. This was followed by a presentation by Dr. Avishek Bhadra on "Medical Mastery in Fibroids: The Relugolix Perspective," which discussed the evolving role of Relugolix in the medical management of uterine fibroids. The session was chaired by Dr. Sajal

Datta, Dr. Saktirupa Chakraborty, and Dr. Sudip Kumar Saha.

A major highlight of the programme was the highly interactive panel discussion on "PMOS and Metabolic Health," moderated by Dr. Alpana Chhetri and Dr. Mahua Bhattacharyya. The panel comprised Dr. Ankur Biswas, Dr. Goutam Datta Sarma, Dr. Ifra Iqbal, Dr. Nandini Chakrabarti Bhattacharyya, Dr. Soumyajit Pal, and Dr. Susmita Mitra, who shared diverse clinical perspectives and discussed practical approaches to the management of metabolic health in women.

The CME was widely appreciated for its evidence-based scientific content, interactive format, and multidisciplinary discussions, providing delegates with valuable insights into current concepts and emerging trends in women's healthcare.



11th Dr. Subhas Mukherjee Memorial Lecture

The 11th Dr. Subhas Mukherjee Memorial Lecture was held on 19th June 2026 at Hyatt Regency, Kolkata, and was attended by 82 delegates. This prestigious academic event continues to honour the legacy of Dr. Subhas Mukherjee, whose pioneering contributions have





left an enduring impact on the field of reproductive medicine.

The memorial lecture was delivered by Dr. Jaydeep Tank, Past President, FOGSI and Director, Pluro Fertility & IVF, on the thought-provoking topic “PCOS to PMOS: Controversy to Consensus.” Drawing upon current evidence and evolving clinical concepts, Dr. Tank provided a comprehensive overview of the changing understanding of polycystic ovarian syndrome and the



transition towards the newer concept of PMOS. His engaging presentation stimulated meaningful discussions and offered valuable insights into contemporary clinical practice.

The lecture was highly appreciated for its scientific depth, clarity, and relevance, reaffirming the importance of memorial lectures in fostering academic excellence and inspiring continued learning among members of BOGS.

CME on Vitamin D in Women’s Health

As part of its ongoing academic activities, BOGS organized a CME on 24th June 2026 at Peerless Inn, Kolkata, in collaboration with its academic partner, Sanofi. The programme focused on the growing importance of Vitamin D in women’s health and its implications in clinical practice. The CME was attended by 25 delegates.

The scientific session featured an informative lecture by Dr. Shyamal Sett on “Vitamin D Deficiency and Its Role in PMOS,” highlighting the association between Vitamin D deficiency and metabolic health in women. The session was chaired by Dr. Abinash Chandra Ray and Dr. Rabindranath Ray, who facilitated an engaging academic discussion.

This was followed by an interactive panel discussion on “Vitamin D in Women’s Health: Evidence, Myths and Clinical Practice,” moderated by Dr. Avishek Bhadra and Dr. Bibek Mohan Rakshit. The distinguished panel included Dr. Alok Basu, Dr. Ankur Biswas, Dr. Anirban Bhattacharyya, Dr. Rajat Bhattacharyya, Dr. Sharmistha Ganguly, and Dr. Sohini Chaudhury, who discussed the current evidence, addressed common misconceptions, and shared practical clinical perspectives on the role of Vitamin D in women’s health.

The CME was appreciated for its focused scientific content, interactive discussions, and practical take-home messages, reinforcing BOGS’ commitment to providing relevant and evidence-based continuing medical education for its members.



FOGSI REACH CME on Rush Hour Obstetrics (Emergency & Operative Obstetrics)

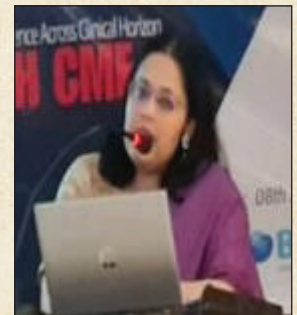
The FOGSI REACH CME on Rush Hour Obstetrics (Emergency & Operative Obstetrics) was organized by FOGSI in collaboration with BOGS on 8th July 2026 at The Stadel, Kolkata. The programme focused on evidence-based management of common obstetric emergencies and operative procedures, providing delegates with practical updates relevant to day-to-day clinical practice.

The scientific programme featured a series of expert lectures by eminent faculty members. Dr. Sushmita Chattopadhyay delivered a talk on “Perineal Tear,” while Dr. Biswajyoti Guha discussed the principles and practical aspects of “Breech Delivery.” This session was chaired by Dr. Kalpana Sarkar and Dr. Mausumi De Banerjee.

The second session included an informative presentation by Dr. Bibek Mohan Rakshit on “Assisted Vaginal

Delivery,” followed by Dr. Tulika Jha, who spoke on the “Rational Use of Blood Products,” and Dr. Poushali Sanyal, who discussed the role of Carbetocin in the prevention of postpartum haemorrhage (PPH). The session was chaired by Dr. Alok Basu and Dr. Abinash Chandra Ray, who facilitated interactive discussions and valuable exchange of clinical experiences.

The CME was well appreciated for its focused scientific content, practical approach, and emphasis on strengthening the knowledge and skills required for the effective management of obstetric emergencies. It served as an excellent platform for updating delegates on current evidence and best practices in emergency and operative obstetrics.



CME on Pain to Precision: Contemporary Management of Endometriosis & Fibroids

BOGS organized the CME on Pain to Precision: Contemporary Management of Endometriosis & Fibroids on 10th July 2026 at Hotel RJ, Bardhaman. The programme focused on the latest developments in the medical management of endometriosis and uterine fibroids, offering delegates an opportunity to update their knowledge through expert lectures and interactive discussions.

The scientific session commenced with an insightful lecture by Dr. M. M. Samsuzzoha on “Medical Management of Endometriosis,” highlighting current evidence and evolving therapeutic strategies. The session was chaired by Dr. Prasanta Kumar Roy and Dr. Tulika Jha, whose valuable observations enriched the academic deliberations.

A major highlight of the programme was the interactive panel discussion on “From Myomectomy to Molecules: Advances in Fibroid Management,” moderated by Dr. Amit Datta and Dr. Tulika Jha. The distinguished panel comprised Dr. Atin Halder, Dr. Chaitali Datta Ray, Dr. Ramprasad Dey, Dr. Raju Gopal Saha, Dr. Suvasis Kumar, and Dr. Sushmita Chattopadhyay. The discussion

covered contemporary approaches to fibroid management, ranging from surgical interventions to newer medical therapies, while encouraging active participation and exchange of clinical experiences among the delegates.

The CME was well received for its practical, evidence-based scientific content and interactive format, reaffirming BOGS' commitment to promoting continuous professional development and advancing excellence in women's healthcare.



Social Activities

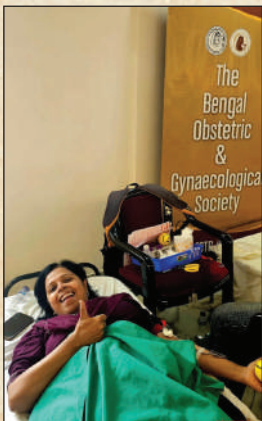
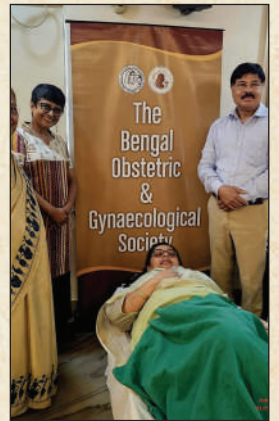
Doctors' Day Celebration

To commemorate Doctors' Day, BOGS organized a special programme on 1st July 2026 at Pratishruti, celebrating the invaluable contributions of the medical fraternity while reinforcing its commitment to community service.

The programme began with a floral tribute to Dr. Bidhan Chandra Roy, where the President, Honorary Secretary, and other BOGS members garlanded his portrait and paid their heartfelt respects to the legendary physician and statesman whose legacy continues to inspire generations of doctors.

As part of the celebration, a blood donation camp was organized, reflecting the spirit of service and social responsibility upheld by the medical profession. The camp witnessed enthusiastic participation, and a total of 20 units of blood were collected, contributing to the ongoing efforts to support patients in need.

The event served as a meaningful tribute to the ideals of Dr. B. C. Roy and highlighted BOGS' continued dedication to humanitarian service, community welfare, and the noble values of the medical profession.



Public Awareness Activity

Awareness Initiative on Cervical Cancer Prevention and HPV Vaccination Strategies in India

As part of its ongoing public awareness activities, BOGS, in collaboration with Chittaranjan National Cancer Institute (CNCI), organized an Awareness Initiative on Cervical Cancer Prevention and HPV Vaccination Strategies in India on 23rd May 2026 at Sodepur Ghola Netaji Sangha Club. The programme aimed to increase community awareness about women's health, cervical cancer prevention, and the importance of HPV vaccination.

The educational sessions were conducted by Dr. Ankur Biswas and Dr. Manisha Vernekar, who delivered informative talks on menstrual hygiene, polycystic ovarian syndrome (PCOS), and HPV vaccination.

The speakers emphasized the importance of early awareness, preventive healthcare, and timely vaccination in reducing the burden of cervical cancer while addressing common myths and misconceptions related to menstrual and reproductive health.

The programme was attended by 52 participants, who actively engaged in the discussions and interacted with the faculty. The initiative was well appreciated for its community-centric approach and reaffirmed BOGS' commitment to promoting women's health through education, awareness, and preventive care beyond the clinical setting.



Awareness Camp with HPV Vaccination and Thalassaemia Screening

As part of its commitment to preventive healthcare and adolescent health awareness, BOGS, in collaboration with the Rotary Club of Calcutta South West, organized an Awareness Camp with HPV Vaccination and Thalassaemia Screening on 18th June 2026 at South End School, Asleha Girls' College, and Sofia Girls' College in Nalhati, Birbhum. The programme aimed to promote awareness about cervical cancer prevention, adolescent health, and the importance of early screening for inherited blood disorders.

The camp was conducted by Dr. Shabana Roze Chowdhury, Dr. Manjir Mitra, Dr. Sushmita Chattopadhyay, and Dr. Abir Mukherjee, who interacted with students and provided education on HPV vaccination, cervical cancer

prevention, and thalassaemia awareness. As part of the programme, 69 first doses and 128 second doses of the HPV vaccine were administered. In addition, High-Performance Liquid Chromatography (HPLC) testing for thalassaemia screening was performed for 105 girls, enabling early identification of thalassaemia carriers and reinforcing the importance of preventive screening.

The initiative was widely appreciated for its comprehensive approach to adolescent health, combining health education, vaccination, and screening services. It reflected BOGS' continued commitment to community outreach and preventive healthcare through collaborative, evidence-based public health initiatives.



Mammography Camp

As part of its commitment to promoting women's health and the early detection of breast cancer, BOGS, in collaboration with Chittaranjan National Cancer Institute (CNCI), organized a Mammography Camp on 24th May 2026 at Ramakrishna Math, Burdwan.

The camp was conducted with the participation of Dr. Sreeya Bose and focused on raising awareness about breast health and the importance of timely screening for the early detection of breast cancer. Along with

health education and counselling, eight mammography examinations were performed for eligible beneficiaries.

A total of 55 beneficiaries attended the camp and availed themselves of the awareness and screening services. The initiative was well received by the community and reflected BOGS' continued dedication to preventive healthcare, early diagnosis, and improving access to essential women's health services.



World Menstrual Hygiene Day

To mark World Menstrual Hygiene Day on 28th May 2026, BOGS, in collaboration with RCOG IRC India East, undertook a meaningful public awareness initiative to promote menstrual hygiene among vulnerable communities. As part of the programme, 3,000 sanitary pads were donated to Durbar Mahila Samanwaya Committee (Durbar) for distribution among sex workers across West Bengal.

The initiative aimed to improve access to menstrual hygiene products while creating awareness about safe menstrual practices among a marginalized section of society. By supporting this outreach programme, BOGS reaffirmed its commitment to promoting menstrual health, dignity, and equitable access to essential healthcare resources for all women, irrespective of their social or economic background.



HPV Vaccination Camp



As part of its ongoing efforts to promote cervical cancer prevention, BOGS organized an HPV Vaccination Camp on 6th June 2026 at Sodepur Gholi Netaji Sangha Club. The camp aimed to increase awareness about the importance of HPV vaccination as an effective strategy for preventing cervical cancer and other HPV-related diseases.

The programme was conducted by Dr. Ankur Biswas and Dr. Manisha Vernekar, who counselled participants on the

benefits, safety, and recommended timing of HPV vaccination. Along with promoting awareness, the camp successfully administered 27 doses of the HPV vaccine, contributing to the ongoing efforts toward primary prevention of cervical cancer.

The initiative was well appreciated by the community and reflected BOGS' continued commitment to preventive healthcare, public education, and improving access to life-saving vaccination services.

HPV Vaccination Camp

Continuing its commitment to cervical cancer prevention through community outreach, BOGS organized an HPV Vaccination Camp on 7th June 2026 at Kheya Goshti, Jaynagar. The initiative was aimed at increasing awareness about HPV vaccination and expanding access to preventive healthcare services within the community.

The camp was conducted by Dr. Sebanti Goswami, Dr. Bipasa Sen, and Dr. Sunabha Kumar Ghosh, who provided counselling on the

importance of HPV vaccination in preventing cervical cancer and encouraged timely immunization.

As part of the programme, 32 individuals received the HPV vaccine, marking another successful step towards strengthening cervical cancer prevention initiatives.

The camp was well received by the local community and reaffirmed BOGS' dedication to promoting preventive healthcare through awareness, education, and accessible vaccination programmes.



HPV Vaccination Camp

As part of its ongoing cervical cancer prevention initiative, BOGS organized an HPV Vaccination Camp on 14th June 2026 at Parashmani, Dum Dum, Kolkata. The camp was conducted to promote awareness about HPV vaccination and encourage preventive measures against cervical cancer among the community.

The programme was led by Dr. Rabindranath Ray and Dr. Ritwik Ghosh Halder, who counselled participants on the significance of HPV vaccination, its safety, and its role

in reducing the burden of HPV-related diseases. During the camp, 27 individuals received the HPV vaccine, contributing to BOGS' sustained efforts to improve vaccination coverage and promote women's health.

The initiative was well appreciated by the beneficiaries and reflected BOGS' continued commitment to community outreach, preventive healthcare, and cervical cancer awareness through accessible vaccination programmes.



HPV Vaccination and Thalassaemia Screening Camp

As part of its ongoing commitment to preventive healthcare and adolescent well-being, BOGS organized an HPV Vaccination and Thalassaemia Screening Camp on 20th June 2026 at Adhigham Bhoomi, Joka. The programme aimed to promote cervical cancer prevention through HPV vaccination while encouraging early detection of thalassaemia carriers through screening.

The camp was conducted by Dr. Aruna Tantia, Dr. Sebanti Goswami, Dr. Mahua Bhattacharya, Dr. Shabana Roze Chowdhury, Dr. Ankur Biswas, Dr. Priyanka Pipara, and Dr. Siddhartha Mazumder, who actively participated in counselling, vaccination, and screening activities. A total of 472 HPV vaccine doses were administered during the





camp, while High-Performance Liquid Chromatography (HPLC) testing for thalassaemia screening was performed for 108 girls, facilitating early identification of thalassaemia carriers and promoting informed healthcare decisions.

The programme received an enthusiastic response from the community and highlighted the effectiveness

of collaborative public health initiatives in advancing preventive care. Through such large-scale outreach activities, BOGS continues to strengthen its commitment to safeguarding the health of adolescents and young women by promoting awareness, vaccination, and early screening.

Public Awareness Programme

As part of its ongoing community outreach initiatives, BOGS organized two Public Awareness Programme on 29th June 2026 and at Ideal Mission School, Topsia, Kolkata and on 6th July 2026 at Alipore. Both the programmes was designed to educate adolescents and young women on important aspects of reproductive health, preventive healthcare, and healthy lifestyle practices.

The educational sessions were conducted by Dr. M. M. Samsuzzoha, Dr. Sushmita Chattopadhyay, Dr. Priyanka Pipara, and Dr. Ifra Iqbal and Dr. Poushali Sanyal who

delivered informative talks on menstrual hygiene, PMOS (Polycystic Metabolic Ovarian Syndrome), nutrition, cervical cancer prevention, and the role of HPV vaccination.

The programme was attended by 98 participants in Ideal Mission School and 30 participants in Alipore who actively engaged in the interactive sessions and discussions. The initiative was well appreciated for its informative content and its focus on empowering young individuals with the knowledge needed to make informed health decisions.



Academic Partners of BOGS 2025-2026

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