



The Bengal Obstetric and Gynaecological Society

Website: www.bogs.org.in
Email: bogs1936@gmail.com

April 2025

BOGS TIMES

East Zone VPCON 2025 Edition

EDITORIAL

দারুণ অগ্নিবাণে রে হৃদয় তৃষায় হানে রে॥

Respected seniors, colleagues and friends, as the Kolkata summer envelops us in its warm embrace, it is with immense pleasure that BOGS gears up to greet you at the East Zone VPCON 2025, to be held at the Biswa Bangla Convention Centre, Kolkata. It is during this FOGSI National conference, at this grand venue with its beautiful bright atrium, that BOGS will unveil its next issue of the BOGS TIMES.

As always, your very own BOGS TIMES has attempted to keep you abreast of the activities of our society. We take you back to the 'Milan' of all the Obstetric and Gynaecological societies of Bengal at 'The Bengal Conclave' held in December, to fondly reminisce the memories of academia interspersed with fellowship. Closely on its heels was YUVACON, held in February at the iconic Rabindra Tirtha, which showcased the brilliance and potential of our youngsters, who are the torchbearers of the future.

To explore the different clinical challenges which may arise in different areas of our state, we have for the past few years a dedicated 'District corner'. Here, colleagues from other societies describe their difficulties and experiences. Our guest author in this issue is Dr Tarun Das from Tamralipta ObGyn Society, and he discusses a problem all of us have faced – that of the deeply engaged fetal head

We have also chronicled the various educational and social awareness events our society has conducted over the last winter and spring, both on virtual and physical platforms. They have not only promoted better health, but also fellowship among fellow BOGSIANS. Deserving special mention here is the free HPV vaccination of school girls provided by us, which emphasizes the commitment of our beloved BOGS to the betterment of society.

All of us from the BOGS TIMES desk hope that you will enjoy browsing through these articles. We also sincerely wish you and your near ones continued health and happiness in the days to come.

"Alone we can do so little; together we can do so much." – Helen Keller

Long live our TEAM BOGS!

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President's Message



Dear Friends

It is a pleasure to address you as your President!

We have completed nine months of our term and there are a variety of activities that the team has been able to do over the months. The BOGS Times gives the leadership a platform to publish the work, so readers are acquainted with the society activities.

Over the few last months after The Bengal Conclave (TBC), the team has rolled out several academic, health awareness and social activities. Glimpses and snapshots of the same have been shared here in this edition. Besides an exhaustive TBC report, we have for you the dynamic Yuvacon, daring Purulia health camp and boisterous Vaccination Day celebrations in Town Hall among other events to highlight here.

We are also proud to receive generous donations from our members, for free vaccination to the less privileged school girls. We are proud to share that we have vaccinated nearly 300 schoolgirls till date and promise to do more. I am happy to share that our President Elect Dr M M Samsuzzoha and his team have pledged to continue the good work and take it to the next level.

We have committed to beautify our office premises and make it more environment friendly. We are moving to restrict plastic use, decorate with potted plants and reduce clutter. On behalf of the managing committee, may I invite all members to take time off to visit our office Pratishruti at Sector 5, Salt Lake.

The district corner is now a regular feature in BOGS Times. This time we have the new Tamralipta Society contributing to the section. The society recently conducted a much appreciated annual conference graced by several luminaries of FOGSI.

We still have many more activities in the pipeline and I use this opportunity to thank the wonderful trio of Dr Amit Basu, Dr Mahua Bhattacharya and Dr Susmita Chattopadhyay for perfect execution of projects planned by the team and on the lookout for doing more for the organization. I also thank the members of the Youth Council, who though in the early stages of their professional careers, have made time on many occasions for society work.

I thank all members once again for giving me the honor to lead this year.

Thank you

Dr Basab Mukherjee
President, BOGS



Honorary Secretary's Message



Respected Seniors & Dear Colleagues

I am humbled and at the same time proud to address you as the Honorary Secretary of BOGS.

We took over on July 25th, 2024, from our predecessors and decided to have a perfect blend of academic as well as non-academic and Public awareness programs throughout the year.

Under the leadership of our dynamic President Dr Basab Mukherjee a man with a great vision and innovative ideas, we have crossed 9 months (Term Pregnancy) very successfully.

In 2025 we have tried to celebrate all the health days and awareness months, by arranging webinars, Talks, walks, health camps etc. Our aim was to arrange Academic programs and Public awareness programs with equal importance.

We have started a monthly BEST WEBINAR SERIES for the Post graduate trainees, till date 4 webinars have been aired successfully.

BOGS PROGRAMS:

In The National Cancer Prevention Month Prof Shalini Rajaram delivered the 57th Dr Subodh Mitra Memorial Oration at Stadel.

Prof Dr Priya Abraham delivered the 39th Dr Sudhir Chandra Bose Memorial Oration at Town Hall, Kolkata.

On 8th February we had a very successful YUVACON 2025 at Rabindra Tirtha, with the Dynamic Yuvas at the helm of the affair, while the President & Secretary were sitting in the pavilion.

Another unique Confluence series has been introduced in our academic calendar – “The Confluence series” In which we interact with different cross specialities.

On 22nd March we had our first Confluence series with UROLOGISTS & GASTROENTEROLOGISTS at Stadel.

This program was very much appreciated by the audience.

FOGSI Academic Program 2024-25

We have taken up various programs with Fogsi, to name a few

- International HPV Awareness Day “DO TEEKE ZINDEGI KE”
- Blood Group Awareness CME by BOGS and FOGSI
- Awareness Walk on World Down Syndrome Day from Star Theatre, Hatibagan to Hedua Park Pagoda
- BOGS/FOGSI SAMPOORNA CME at HHI Kolkata

Public Awareness Program 2024-25

National Girl Child Day
(Adolescent Awareness Program)

This year we have reached out to many schools and interacted with young & adolescent students as well as their parents, educated them about menstrual hygiene, nutrition, sexual abuse, cervical cancer awareness & vaccination, common gynaecological problems were also discussed.

4th February World Cancer Day Celebration by BOGS. Free Cervical Cancer vaccine was given to students of Sura Kanya School, Mansur Habibullah Memorial School, and Purbanchal Vidyamandir,

Public awareness programs and Health check up camps with NGOs were held regularly in Kolkata as well as in rural Bengal like Purulia, interior villages of Malda, Kharagpur and many more.

As I said earlier we celebrated all the health days and months. 8th March International Women Day was celebrated in Apni Kutir, Khardah, Apni Kutir, Garia & in Matri Mangal Pratishthan.

7th April World Health Day a team of Senior Gynaecologists went to Apni Kutir, Kharagpur for Health Awareness and medical camp.

Family time is equally important, keeping this in mind we had a great family picnic in January at our President's Baganbari, Mukherjee family sponsored the fun filled event.

A Classical musical night with our families “Barsho Baron” ushering the Bengali new year was held in Stadel on 14/4/2025. Young Talents of National and International repute mesmerized us with their melodies, this was followed by a sumptuous Bengali dinner.

Now that the spring is in the air we are ready to welcome you to the 3 day East Zone Vice President's Conference EZVPCON scheduled on 18th to 20th April at Biswabangla Convention Centre, Kolkata.

It is a pleasure to work with Dr Basab Mukherjee (Reassuring Gentle Giant), Dr Mahua (Restless superb clinical Secretary), Dr Susmita (Cool Jt Clinical Secretary), Dr Seetha (Travelling Jt Secretary) and Dr Sebanti (Rock Solid Treasurer)

And of course it gives me endless pleasure to work for you all.

NAMASTE, Jai Hind, Long Live BOGS

Dr Amit Basu
Honorary Secretary,
BOGS (2024-2025)



MY METHOD OF BABY DELIVERY IN CAESAREAN SECTION IN ENGAGED FETAL HEAD

Dr Tarun Kumar Das
MBBS, DGO, MS (G&O)

Introduction:

Caesarean section represents the most significant operative intervention in all of obstetrics. Its development and application has save the lives of counties mothers and infants. However, its inappropriate use can be a direct and avoidable cause of maternal mortality and morbidity. Rates vary considerably between countries and health services. Global estimates indicate a caesarean section of 15% worldwide, ranging from 3.5% in Africa to 19.2%, in Latin America and the Caribbean. Studies from USA, UK and China repeat rates between (20-25%) and in India the rate is 21.5%. But the desire to every women in labour and her obstetricians is to have a normal vaginal birth.

Globally, more than 1 in 5 women give birth by cesarean delivery, and at least 5% of these births are at full cervical dilatation. In these circumstances, and when labour has been prolonged in the first stage of labour, the fetal head can become low and engaged deep in the woman's pelvis, making it difficult to deliver the baby. This emergency is known as impacted fetal head. These are technically challenging births associated with serious risks to both the woman and the baby. Impacted fetal head may complicate as many as 1 in 10 emergency cesarean deliveries. When an impacted fetal head occurs, the maternity team can employ a range of approaches to help deliver the fetal head, including an assistant (another obstetrician or midwife) pushing the head up from the vagina, delivering the baby feet first (reverse breech extraction), administering tocolysis to relax the uterus, and using a balloon cephalic elevation device (Fetal Pillow) to elevate the baby's head.

There are limited international data estimating the incidence of impacted fetal head, at least partly related to issues with definition. However, recent studies in the United Kingdom estimate that impacted fetal head may complicate as many as 1 in 10 emergency CDs (1.5% of all births) and 16.0% of second-stage CDs. The apparent rise in cases of impacted fetal head may,

in part, be explained by an increasing rate of CD and a rise in CD at full dilatation (CDFD). Worldwide, it is estimated that 21% of women give birth via CD, with rates closer to 30% in more developed countries. At least 5% of these CDs occur at full cervical dilatation.

During this due course, unanticipated Cephalopelvic disproportion at times may end up in deeply impacted head is failures of obstructed labour and there is no way other than to deliver these babies by abdominal route.

According to studies approximately up to 25% of emergency caesarean sections performed are second stage caesarean sections. The number of second state Caesarean section encountered in developing countries is much higher specially in rural population due to neglected obstetric care, poor utilization of available health service, home delivery from traditional birth attendants, poor transport facilities, late transfer from primary health care centers.

So, Caesarean section done with impacted fetal head are also allowed with increased incidence of maternal and fetal morbidities.

In such situation, the lower uterine segment may be over distended and indistinguishable from the vagina. Therefore, the uterine incision may inadvertently be placed for low or in the vagina. Also it may be difficult for the operating surgeon to maneuver his hand below the deeply engaged fetal head, which may be further complicated by the presence of moulding and edema on the fetal head. Use of undue force to deliver the head may result in extension of the uterine incision into the broad ligament, cervix and vagina.

Various methods of baby delivery:

In addition to the conventional method of delivery of the fetal head – following methods may be used in delivery of baby in engaged fetal head.

1. Push method : pushing through the vagina
2. Pull method : a reverse & reach technique
3. Patwardhan technique : shouldn't first technique

4. Using simple device – Fetal dis-impacting system
5. Extraction of fetal head with mussels head extractor / c – snorkel

My method of baby delivery in caesarean section in engaged fetal head.

An important land mark of the optimal uterine incision is the uterovesical fold. It is made by the loose covering of the peritoneum. This fold should be open by sharp dissection and the lower uterine segment exposed. The bladder flap can be pushed down gently with a finger and a retractor should be placed to keep the bladder down and away from the line of the low transverse uterine incision. A horizontal superficial incision by gentle use of a scalpel about (2-3cm) below the level of the utero-vesical fold. When the incision is partially through the muscle, use a blunt instrument to enter the uterine cavity. The operator's lower hand should be entered downwards between the interior of the uterus and the inner wall of maternal pelvis and maneuvering his hand downwards to get beneath the fetal head.

Then by using lightly fixed fingers elevate the presenting part and move it upwards by squeezing the lower segment of uterus against the presenting part of fetus. When the presenting part comes into the uterine incision, assistant applies a sufficient fundal pressure to facilitate delivery of the head. After delivery of the fetal head, a gentle downwards traction on the head should release the anterior shoulder through the uterine incision. In the same manner, the posterior shoulder subsequently be delivered by gentle upward pull on the fetal head.

Advantage of this procedure:

In conventional procedure, operation's lower hand should entered downwards between the anterior wall of the uterus and the presenting part of the fetal. So, there may be chance of fractional injury the lower segment of uterus, laceration of the lower segment of uterus, more chance of laceration of uterine incision by the operation's lower hand. But, in this procedure,

there is less chances of the following injury as the operator is not entering his hand into the uterine cavity, apart from this entering his hand downward between the anterior wall of the uterus and the inner wall of the maternal pelvis and manipulating his hand downwards to get beneath the fetal head. Then by using lightly flexed fingers elevate the presenting part and move it upwards by squeezing the lower segment of uterus against the presenting part of fetus.

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BOGS Academic Programs



The Bengal Conclave 2024

48th BOGSCON & 4th Milan

The Annual Conference of the Bengal Obstetrics and Gynaecological Society, 48th BOGSCON and the 4th Milan Conference (an annual conference of all the Ob & Gyn Societies of West Bengal) was organized by the Bengal Obstetrics and Gynaecological Society and it was named THE BENGAL CONCLAVE. It was held from December 27-29, 2024 at ITC Royal Bengal.

There were four workshops on the first day, namely Obstetrics Skills, Vaginal Surgery and Urogynaecology, Basic Endoscopy and The Postpartum Mother.

In the Obstetrics Skill Workshop, there were four stations on Instrumental Vaginal delivery, PPH, Eclampsia Drill and Vaginal Breech Delivery. Senior teachers from different Medical Colleges of the state and senior private practitioners taught the skills at the different stations. The total registration was 123.

In the Vaginal Surgery workshop, there were video sessions and talks on different topics like VVF, Burch Colpo-suspension, Vaginal oophorectomy, myomectomy and ovarian cystectomy, Mitra's operation and TOT. Obstetricians from Kolkata and the districts, who are pioneers in vaginal and urogynaecological surgeries, delivered lectures on the above topics. There was also a hands-on training session on TOT. Total registration was 137.

In the Basic Endoscopy workshop, there were video sessions on Entry Techniques, Fertility Evaluation, Ectopic pregnancy, Ovarian Cystectomy, Myomectomy and TLH. There were 4 stations on Hysteroscopy - Instruments, Diagnostic Hysteroscopy and 2 Resectoscope stations. The eminent endoscopic surgeons trained the attendees on the techniques of endoscopic surgery. The total registration was 88.

The Post-partum Mother workshop was a new concept where post-partum clinics on different issues were set up and role-play was done, in the context of patients/couples who come to seek help from doctors/experts during the postpartum period. 360° Post partum Clinic, Breastfeeding Consultation Clinic, Birth Spacing and



Family Welfare Clinic and Post partum Mental Health Clinic were set up and all the queries were answered through role-play. Ms Preethy Alexander, Ms Parul Dutta and Ms Smritikana Mani were the invited faculties, from other disciplines. The total registration was 28.

The post lunch scientific sessions included Fire Side Chat, Case Based Discussions, Symposium, Capsules, Free Communications. Local as well as gynaecologists from the districts participated as moderators, panelists, chairpersons and speakers.

A non-academic session by Marga was organized for Mind, Body and Soul rejuvenation of those who attend. It was a unique and very refreshing programme.

A cultural extravaganza was organized in the evening. All the performances were by members of BOGS and other societies of the state. There were various solo and group songs, recitation, solo dances and group folk dances, and a solo song with guitar performance. There was a hilarious skit with an important message on subfertility, which was conceptualised and directed by Dr Mumtaz Sanghamita. An enjoyable Shrutu Natya by Dr Basudeb Mukherjee and Dr Kakali Paul was also appreciated by all. A duet song, named Gajir Gaan, by Dr Ashis Kumar Mukhopadhyay and Dr Basudeb Mukherjee was unique. Lastly there was a lively and exciting ramp walk titled 'Milon er Milan', by doctors and it turned out to be a superhit event. Members of the society, who are achievers at a national level, were also felicitated. The audience was mesmerized throughout the evening.

The 25th Prof D C Dutta Memorial Conference Oration was delivered by FOGSI President, Dr Jaydeep Tank and the topic was "Reflections in the Running Water". This was followed by the inauguration ceremony. The Chief guest was Swami Satyeshanandaji Maharaj and the Guest of Honour was Ms Alokanda Roy. The office bearers of other O&G Societies of Bengal and of Dr Bhaskar Pal, President Elect FOGSI were felicitated during the ceremony. Release of E-Souvenir, BOGS Times and Publications by BOGS Subcommittees were also part of the inauguration.



A non-academic session named The Abhaya Session was conducted, in remembrance of our beloved sister Abhaya. It started with the collage of activities that have happened over the months in regards to our demand for justice. There was a Bidrohi dance, which was followed by a panel discussion and audience interaction. A pledge was taken to fight for violence against women. This was followed by a magical soul soothing musical \ performance by Sourendro-Soumyajit.

On Sunday, December 29, 2024, the scientific sessions included Case Based Discussions, Symposium, Guest Lectures, Industry Sessions and Free Communications. The first Prof Baidyanath Chakraborty Memorial Milan Oration was delivered by Dr P M Gopinath from Chennai and the topic was Male Infertility and Beyond. The theme of Prof Subodh Sur Roy CME, this year, was Bridging Gaps, Creating Impacts and, as is customary, talks were delivered by The President, Honorary Secretary and Clinical Secretary, BOGS.

Nineteen national faculties attended the conference - Dr Jaydeep Tank, FOGSI President, Dr Madhuri Patel, FOGSI Secretary General, Dr Niraj Yadav, Dr Lila Vyas,, Dr Partha Basu (International Faculty), Dr P K Shah, Dr Prakash Trivedi, Dr Ameya Purandare, Dr Sadhana Gupta, Dr Rahul Mayekar, Dr Rakhi Singh, Dr Ashwin Rao, Dr Vineeta Singh, Dr P C Mahapatra, Dr Narahari Agasti, Dr Geetha Balsarkar, Dr Arun Madhab Baruah, Dr Milind Shah and Dr P M Gopinath.

A total of 35 Faculties from other societies of Bengal -Asansol, Bardhaman, Durgapur, Kalyani, Malda, Siliguri, Tamralipta and West Midnapore, attended the conference as Moderator, Speaker, Panelist, Chairperson and Free Communication Judges.

In the Free Communications, there were 27 case reports 46 free papers and 64 e-posters - a total of 137 entries.

The prizes in case reports were -

SPECIAL MENTION PRIZE

- **Dr Jayati Gayen, NRSMCH | Topic - Vulval Angiomyxoma in a 25 Year reproductive Age Female - A Case Report**
- **Dr Julekha Nasrin, KPC Medical College | Topic - Caesarean Scar Pregnancy**

THIRD PRIZE

- **Dr Simrn Jain, Medical College, Kolkata | Topic - Double Uterus and Single Kidney - A Rare Presentation**

SECOND PRIZE

- **Dr Anwasha Chakraborty, Nil Ratan Sarkar Medical College | Topic - Rapidly Growing Abdominal wall Giant Desmoid Tumour during Pregnancy**

FIRST PRIZE

- **Dr Monalisa Jana, Medical College, Kolkata | Topic - The Blossom Bloomed : A Successful Journey to Motherhood in TB**

The Prizes in Posters were -

SPECIAL MENTION PRIZE

- **Dr Rituparna Roy, ESI Joka | Topic - Chronic Kidney Disease in Pregnancy and its Outcome**
- **Dr Anjali Agarwal, Bankura Sammilani Medical College | Topic - Genital Prolapse with Cervical Tear in Pregnancy**
- **Dr Prayas Roy, Eastern Command Hospital | Topic - Monochorionic Quadri-amniotic Pregnancy with Twin-to-Twin Transfusion Syndrome: An Obstetric Nightmare**

THIRD PRIZE

- **Dr Susmita Chakraborty, R G Kar Medical College | Topic - Case of Ruptured Mucinous Cystadenoma in Postmenopausal Woman**

SECOND PRIZE

- **Dr Spriha Guha, Bankura Sammilani Medical College | Topic - Term Abdominal Pregnancy with Live Baby: A Case Report**

FIRST PRIZE

- **Dr Rumela Biswas, Medical College, Kolkata | Topic - Successful Radiofrequency Ablation in Twin-to-Twin Transfusion: A Case Report from Kolkata**

The Prizes in Papers were -

THIRD PRIZE

- **Dr Priyanka Mitra, Tata Motors Hospital | Topic - To Study the Role of Uterine Artery Doppler in Early Second Trimester to Predict Hypertensive Disorders of Pregnancy**

SECOND PRIZE

- **Dr Soumita Tripathy, Medica Cancer Hospital, Kolkata | Topic - Ovarian Carcinoma Developing in Endometriosis, The Molecular Link and Implications - A Single Centre Retrospective Analysis**

FIRST PRIZE

- **Dr Poulami Ghosh, Midnapore Medical College | Topic - A Comparative Study on Effect of Early Versus Delayed Dressing Removal of Caesarean Section Wound on Surgical Site Infections and Patients' Comfort Level in a Tertiary Care Hospital**

The conference was attended by a total of 681 delegates.



2nd BEST PG Webinar

The second BEST PG Webinar was conducted on 15/1/2025.

Dr Ojaswini Patel, from Odisha, spoke on “Antepartum Haemorrhage” and Dr Ashis Kumar Mukhopadhyay, Principal CSS spoke on “Mechanism of Normal Labor”. This was followed by two case presentations by post graduate students. It was attended by 48 delegates and appreciated by all.







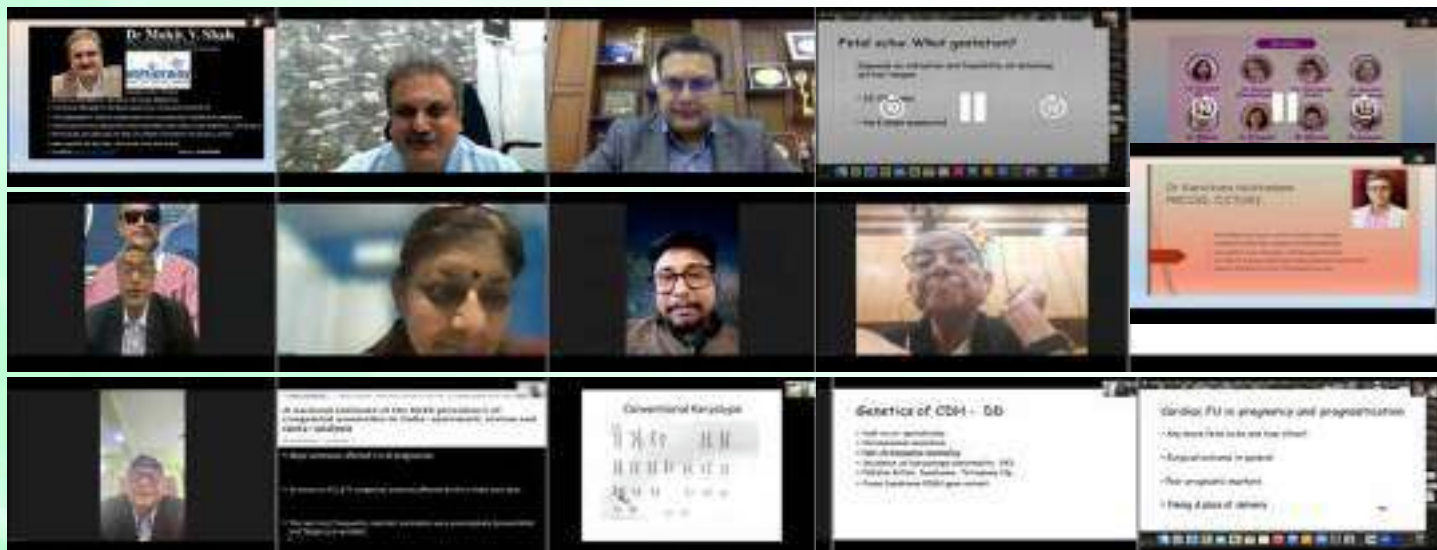

BOGS BEST WEBINAR for Post Graduate Students

15th January, Wednesday, 2025
 Organized by: **The Bengal Obstetric & Gynaecological Society**
 Convenors: **Dr Ramprasad Dey & Dr Mandira Dasgupta**
 MOC: **Dr Ankur Biswas**

07.30 PM	Welcome and Opening Remarks
07.35 PM	Dr Basab Mukherjee, President, BOGS
07.35 PM	Session 1 : Managing Triage & Labour Room
08.25 PM	Chairpersons: Dr Subir Bhattacharya, Professor (O&G), RGKAR Medical College; Dr Partha Pratim Sharma, Professor (O&G), CNMC
07.35 PM	Clinical approach to Antepartum Haemorrhage
07.55 PM	— Dr Ojaswini Patel, Prof., Dept of O&G, VSSIMSR, Burla, Sambalpur
07.55 PM	Mechanism of normal Labour with Fetus & Pelvis
08.15 PM	— Dr Ashis Kumar Mukherjee, Principal & Professor, CSS Kolkata
08.15 PM	Q&A
08.25 PM	Session 2 : Case presentation by Post Graduate Student
09.25 PM	Examiners: Dr Subhash Chandra Biswas, Professor & Former HOD, SSKM Kolkata; Dr Ramprasad Dey, Professor (O&G), Medical College Kolkata
08.25 PM	A case of HDP (Pre-Eclampsia)
08.55 PM	— Dr Anubhuti Jha, 3rd PGT, Medical College Kolkata
08.55 PM	A case of Anaemia in Pregnancy
09.25 PM	— Dr Jyoti Kumari, 3rd PGT, RGKAR Medical College
09.25 PM	Closing Remarks & Vote of Thanks by Dr Amit Basu, Hony Secretary, BOGS
09.30 PM	

Prevention of Birth Defects CME by Fetal Medicine Subcommittee, BOGS

BOGS in association with Society of Fetal Medicine, Bengal Chapter celebrated National Birth Defects Prevention Month by organising a webinar on “Prevention of Birth Defects” on January 28, 2025. There were two talks, “Antenatal Strategies to Prevent Birth Defects” by Dr Prasanna Roy and “Genetic Perspectives of Birth Defects” by Dr Kaushik Mandal. The chairpersons for the session were Dr Biswajyoti Guha, Dr Kusagrathi Ghosh and Dr Mumtaz Sanghamita. Thus was followed by an interesting panel discussion on “Correctable Anomalies”. The moderators were Dr Seetha Ramamurthy Pal and Dr Kanchan Mukherjee. The panelists were Dr Ananya Basu, Dr Bratati Bhattacharyya, Dr Dipanjana Datta, Dr Nandini Chakrabarti, Dr Mahua Roy, Dr Priyanka Pipara, Dr Shankar Dey and Dr Sumona Haque. The webinar was attended by many delegates. An online link is available for those who missed attending it.



CME on Hypertensive Disorders in Pregnancy

BOGS and Gestosis India Foundation presented a CME on “HDP” on February 1, 2025. at Park Hotel, Kolkata. Dr Ashis Kumar Mukhopadhyay spoke on “Diagnosis, Classification and Laboratory values of HDP”, Dr Avishek Bhadra spoke on “Prevention and Prediction of HDP” and Dr Priti Kumar spoke on “Management of Antenatal and Postnatal HDP”. The chairpersons were Dr Arup Kumar Majhi, Dr Dhruva Ray, Dr Sajal Data and Dr Shobha Gudi.

In the next session, Dr Kusagrathi Ghosh spoke on “Foetal Surveillance in HDP”, Dr Shobha Gudi spoke on “Management of HELLP Syndrome” and Dr Priti Kumar spoke on “Management of Eclampsia”. The chairpersons were Dr Gita Ganguly Mukherjee, Dr Hiralal Konar and Dr Siddhartha Chatterjee. It was attended by 150 delegates.



National Cancer Prevention Month Celebration

BOGS and its Oncology Subcommittee celebrated National Cancer Prevention Month on February 2, 2025, by organising a CME & The 57th Dr Subodh Mitra Memorial Oration, at The Hotel Stadel, Salt Lake, Kolkata. The CME had two talks on “Am I Dealing with Cancer” and “MIS in Gynaecological Cancer”, delivered by Dr Dipanwita Banerjee and Dr Kaustav Basu respectively. The chairpersons were Dr Biman Kumar Chakrabarti, Dr Hiralal Konar, Dr Kalidas Bakshi and Dr Shyamal Sett. There was a panel discussion on “Gynecological Cancers” which was moderated by Dr Basumita Chakraborti and Dr Ranajit Mandal. Various updates on gynecological oncology were cited and the audience was hugely benefitted. Panelists were Dr Amit Mandal, Dr Debashish Ray Barman (Onco Pathologist), Dr Debjit Ghosh (Radiation Oncologist), Dr Manisha Vernekar, Dr Sandipan Chowdhury and Dr Upasana Palo.

The CME was followed by the prestigious 57th Dr Subodh Mitra Memorial Oration, which was delivered by Dr Shalini Rajaram from AIIMS, Rishikesh. The topic was “New Paths in Gynaecological Oncology: Transformation over Three Decades”. The whole programme was attended by 44 attendees.



YUVACON

A Conference for Yuvas of our Society **2025**

Yuvacon 2025 was held on 8th February, 2025 at Rabindra Tirtha, Newtown, Kolkata.

There were several symposia & four panel discussions, the faculty for all of which were the young members of BOGS. The Yuva Oration was delivered by Dr Avishek Bhadra, who spoke on "Disorders of Sex Development". There was a short inauguration ceremony and the chief guest was Dr Deb Narayan Bandyopadhyay, former VC of Bankura University. There were 26 free communications,





with 4 free papers, 12 case reports and 10 E-posters. Dr Baivab Satiar of NRS MCH won the prize for the best free paper titled “To Determine the Association Between Types of Hysterectomy w.r.t. Preservation of Ovaries and Tubes and Lipid Profile”.

There were 3 prizes given for E-posters. The first prize was awarded to Dr Maitreyee Sarkar of Medical College, Kolkata for her poster titled “Achieving a Successful Pregnancy Outcome in a Patient with Acute Myeloid Leukemia: A Case Report”.

There were 3 prizes and one appreciation certificate in the case presentation category. The first prize was awarded to Dr Anukriti Bharadwaj of IPGMER, Kolkata for her case report on “Pregnancy in Shadow of Eisenmenger Syndrome: A Case Report and Management Challenges Including Maternal and Foetal Considerations”.

One hundred and seventeen delegates registered and attended the conference.

39th Dr Sudhir Chandra Bose Memorial Oration



It was held on January 16, 2025 at the historic Town Hall, Kolkata.

The oration was delivered by Dr Priya Abraham, Senior Professor, Dept of Clinical Virology, CMC, Vellore, Former Director, ICMR – National Institute of Virology, MOHFW, GOI. The topic was “Going Viral”. It was a mesmerising oration and was attended by 79 members.

An outreach CME on Fibroid & Endometriosis



BOGS conducted a CME on “Fibroid & Endometriosis” on March 7, 2025 at HHI, Kolkata. Dr Basab Mukherjee spoke on “Medical Management of Fibroids” and Dr M M Samsuzzoha spoke on “Medical Management of Endometriosis”. The chairpersons were Dr Abhijit Ghosh and Dr Mou Chatterjee.




The second session was a panel discussion on “Medical Management of Fibroids”. The moderators were Dr Queen Aditya and Dr Sanjib Dutta. The panelists were Dr Nibedita Ray Gaheer, Dr Poushali Sanyal, Dr Siddhartha Majumder, Dr Sujoy Dasgupta, Dr Susmita Mitra and Dr Tanuka Das.

3rd BEST PG Webinar

The third BEST PG webinar was conducted on 19/2/2025

Dr Manidip Pal, Principal, College of Medicine & JNM Hospital, Kalyani spoke on “Urodynamics Made Easy” and Dr Subrata Lal Seal, HOD, O&G R G Kar MCH spoke on “LARC – What’s New?”. This was followed by two case presentations by post graduate students. The examiners were Dr Sajal Dutta and Dr Joydeb Roy Chowdhury.

It was attended by 55 delegates.

BOGS BEST WEBINAR for Post Graduate Students

19th March Wednesday, 2025
 Organized by: **The Bengal Obstetric & Gynaecological Society**
 Convenors: Dr Ramprasad Dey & Dr Mandira Dasgupta
 MOC: Dr Ankur Biswas

07.30 PM	Welcome and Opening Remarks
07.35 PM	Dr Basab Mukherjee , President, BOGS
07.35 PM	Session 1
08.25 PM	Chairpersons: Dr Biswajyoti Guha , Professor (O&G), Icare Institute of Medical Science & Research, Haldia; Dr Bibek Mohan Rakshit , Professor (O&G) Medical College, Kolkata.
07.35 PM	Mechanism of Occipitoposterior & Outcome
07.55 PM	— Dr Arup Kumar Majhi , Professor (O&G), Shantiniketan Medical College
07.55 PM	First Trimester Screening
08.15 PM	— Dr Kusagradhi Ghosh , Professor (O&G), RKMS & VIMS, Kolkata
08.15 PM	Q&A
08.25 PM	Session II: Case Presentation by Post Graduate Student
09.25 PM	Examiners: Dr Soma Bandopadhyay , Professor & HOD Katihar Medical College; Dr Partha Mukherjee , Professor & Former HOD, Medical College Kolkata.
08.25 PM	A Case GDM
08.55 PM	— Dr Sabarnee Banerjee , 3rd PGT, RKGAR Medical College & Hospital
08.55 PM	A Case of Post CS Pregnancy
09.25 PM	— Dr Barsha Subhadarshine , 3rd PGT, Icare Institute of Medical Science & Research, Haldia
09.25 PM	Closing Remarks & Vote of Thanks by Dr Amit Basu , Hony Secretary, BOGS
09.30 PM	

Confluence Cross Specialty Series with Urologists & Gastroenterologists

The Medical Disorders in Pregnancy Subcommittee of BOGS organized Confluence Cross Specialty Series with Urologists & Gastroenterologists on March 22, 2025 at the Hotel Stadel, Salt Lake, Kolkata.

In the urology session, Dr Bibhas Ranjan Kundu spoke on “Common Clinical Issues of Urology in Gynaecology Practice”. The chairpersons were Dr Bulbul Raichaudhuri and Dr Tulika Jha. In the second session, Dr Bibhas Ranjan Kundu spoke on “Urinary Leakage following Gynaecological Procedures” and Dr Prasanna Kr Misra spoke on “Management of Urinary Leakage”. The chairpersons were Dr Subhash Chandra Biswas and Dr Susmita Chattopadhyay. Dr R K Gopal Krishna spoke on “Stress Urinary Incontinence” and “Management of GSI”. The chairpersons were Dr Biswajyoti Guha and Dr Sanjay Kumar Biswas. This was followed by a Q & A session, “Ask The Expert”, which was moderated by Dr Manidip

Pal and Dr Ashis Kumar Ghosh. The experts were Dr Bibhas Ranjan Kundu, Dr Prasanna Kumar Misra and Dr R K Gopal Krishna.

In the gastroenterology session, Dr Jayanta Chatterjee spoke on “Pregnancy in Women with Chronic Liver Disease - How to Manage?”. The chairpersons were Dr Kalpana Sarkar and Dr Sudip Chakraborty. Dr Somnath Mukherjee spoke on “Treating IBD in Pregnancy” and the chairperson was Dr Kalidas Bakshi. Dr Sanjay Banerjee spoke on “Management of Acute/Chronic Pancreatitis in Pregnancy”. The chairpersons were Dr Bratati Bhattacharyya and Dr Sudhir Adhikari.

A panel discussion on “GI & Liver issues in Pregnancy” was moderated by gastro-enterologist, Dr Sudipta Ghosh. The panelists were Dr Debasis Datta, Dr K D Biswas, Dr Pushan Kundu and Dr Somajita Chakraborty. It was attended by 62 delegates.



4th BEST PG Webinar

The fourth BEST PG webinar was conducted on March 19, 2025.

Dr Arup Kumar Majhi, Professor (O&G), Shantiniketan Medical College taught “Mechanism of Labour in Occipito-posterior Position & It’s Outcome” and Dr Kusagrathi Ghosh, Professor (O&G), RKMS & VIMS, Kolkata taught “First Trimester Screening”.

This was followed by two case presentations by post graduate students. The examiners were Dr Partha Mukhopadhyay and Dr Soma Bandyopadhyay.



BOGS BEST WEBINAR for Post Graduate Students

19th February Wednesday, 2025
 Organized by: **The Bengal Obstetric & Gynaecological Society**
 Convenors: **Dr Ramprasad Dey & Dr Mandira Dasgupta**
 MOC: **Dr Ankur Biswas**

07.30 PM	Welcome and Opening Remarks
07.35 PM	Dr Basab Mukherjee , President, BOGS
07.35 PM	Session 1
08.25 PM	Chairpersons: Dr Runa Bal , Prof & HOD (G&O), NRSMCH; Dr Tulika Jha , Associate Professor (O&G) Raiganj Medical College.
07.35 PM	Urodynamics Made Easy
07.55 PM	— Dr. Manidip Pal , Principal & Professor, Dept of O&G, JNM Medical College, Kalyani
07.55 PM	LARC — What’s New?
08.15 PM	— Dr Subrata Lal Seal , Prof. & HOD (O&G), RG Kar Medical College
08.15 PM	Q&A
08.25 PM	Session 2 : Case presentation by Post Graduate Student
09.25 PM	Examiners: Dr Sajal Dutta , Professor (O&G), RKMS & VIMS, Kolkata; Prof. Dr. Joydeb Roy Chaudhury , Deptt. of Obstetrics & Gynaecology, Shri Sathya Sai Medical College & Research Institute, SBV Chennai Campus, Ammapettai Chengalpattu District, Tamil Nadu
08.25 PM	A case of Primary Amenorrhoea
08.55 PM	— Dr Jayati Gayen , 3rd year MS PGT, NRS Medical College Kolkata
08.55 PM	A Case of Uterine Fibroid
09.25 PM	— Dr Rumela Biswas , 3rd Year PGT, Medical College Kolkata
09.25 PM	Closing Remarks & Vote of Thanks by Dr Amit Basu , Hony Secretary, BOGS
09.30 PM	

FOGSI Academic Programs

BOGS - FOGSI Public Awareness Committee CME on Heavy Menstrual Bleeding

The 100th CME on “Preserve the Uterus” by the Public Awareness Committee, FOGSI was held on January 5, 2025 at ITC Sonar, Kolkata. Dr Basab Mukherjee spoke on “Guidelines to Prevent Unnecessary Hysterectomies: MOHFW”, Dr Dibyendu Banerjee spoke on “HMB- Diagnosis and Management of Common Benign Gynecological Disorders”, Dr Shyamal Sett spoke on “Management of Idiopathic HMB & Endometrial Hyperplasia” and Dr Mausumi De Banerjee spoke on “LNG IUS Counselling, Insertion & Troubleshooting”. The chairpersons were Dr Ashis Kumar Mukhopadhyay, Dr Saktirupa Chakraborty, Dr Subhash Chandra Biswas and Dr Sukanta Misra. There was a panel discussion on “Preserve the Uterus”, moderated by Dr Priyankur Roy. The panelists were Dr Bidisha Roy Choudhury, Dr Bipasa Sen, Dr Pallabi Daga, Dr Soma Datta and Dr Shabana Roze Chowdhury. It was attended by 55 delegates.



Webinar on the Updates in Indian Laws and Acts & How to Protect from Litigations



BOGS celebrated Medico-legal Protection Day on February 17, 2025, by a very informative interactive webinar in association with FOGSI Ethics and Medicolegal Committee.

There were three talks on latest updates in Indian Laws covering ART and MTP. Dr Mausumi De Banerjee spoke on “Medicolegal Aspects of ART”, Dr Queen Aditya spoke on “MTP Amendment ACT 2021 and Dr Jyoti Bunglowala spoke on “Indian Laws and Acts in Ob-gyn Practice”.



A panel discussion on “How doctors Should Protect Themselves from Litigations” was moderated by Dr Shyamal Sett. It was very practical and full of useful tips. The panelists were Dr Biswajyoti Guha, Dr M M Samsuzzoha, Dr Piya Ray, Dr Rajasish Majumder, Dr Ramna Banerjee and Dr Sukanta Misra. It was attended by 57 delegates.



International HPV Awareness Day “DO TEEKE ZINDEGI KE”

The Bengal Obstetric & Gynaecological Society (BOGS) organized a HPV Disease Awareness Educational Program on the occasion of ‘International HPV Awareness Day’ on March 04, 2025 at Vivanta Hotel, Kolkata. It was a FOGSI Initiative. Dr Sebanti Goswami spoke on “Science of HPV

and Vaccination of Cervical Cancer Prevention”, Dr Priya Ganesh Kumar presented “GCPR Snapshots” by Video and Dr Dibyendu Banerjee spoke on “Myths & Facts about HPV & Its Vaccination in Women”.



Blood Group Awareness Week

BOGS, in association with FOGSI, celebrated Blood Group Awareness Week by organizing a CME on 16th March 2025 at Taj Vivanta, Kolkata. The scientific session featured a compelling talk by Dr. Mandira Dasgupta on “Rh-Negative Pregnancy & Its Complications.” The session was chaired by Dr. Saktirupa Chakraborty and Dr. Sudip Chakraborty, who facilitated an engaging academic exchange.

A thought-provoking panel discussion on the “Management of Rh-Negative Pregnancy” followed, moderated by Dr. Alpana Chhetri and Dr. Bidisha Roychoudhury. The panel comprised renowned experts including Dr. Ankur Biswas, Dr. Chandrima Dasgupta, Dr. Nandini Chakrabarti Bhattacharya, Dr. Nupur Nandi,

Dr. Ruchi Pipara, and Dr. Sumana Haque. Dr. Dibyendu Banerjee served as the expert for the session, adding clinical depth and perspective to the dialogue. The event was academically supported by BSV, and stood out as an impactful initiative promoting awareness and updated practices in obstetric care.



Awareness Walk on World Down Syndrome Day

On the occasion of World Down Syndrome Day, BOGS, in collaboration with the Genetics & Fetal Medicine Committee of FOGSI and the Society of Fetal Medicine (SFM), Bengal Chapter, organized an awareness walk on 22nd March 2025. The event was held in association with the Central Kolkata Welfare Association for Persons with Down Syndrome.

The walk commenced at Star Theatre, Hatibagan, and concluded at Hedua Park Pagoda, drawing attention to the theme “Let’s Improve Our Support Systems.” The initiative aimed to raise public awareness and promote stronger, more inclusive support networks for individuals with Down syndrome and their families. A total of 75 participants took part in the walk, including children with Down syndrome, their families, healthcare professionals, and community members, all joining

together in a heartwarming show of solidarity and advocacy.



SAMPOORNA CME

BOGS, in association with FOGSI, organized the SAMPOORNA CME on 28th March 2025 at Hotel Hindusthan International (HHI), Kolkata. The event featured an insightful session by Dr. Shyamal Sett on “Sampoorna Project: FOGSI Initiative: Every FOGSIAN Should Know.” This was followed by a talk by Dr. Seetha Ramamurthy Pal on “Maternal Nutrition: Preconception to Lactation,” emphasizing the critical importance of nutritional care throughout the reproductive journey. The session was chaired by Dr. Basab Mukherjee and Dr. Mausumi De Banerjee.

In the subsequent session, Dr. Pratibha Singh presented on “Menopause Beyond HRT with Phytoestrogens,” shedding light on alternative approaches to menopausal care, while Dr. Ramprasad Dey spoke on the “Role of Micronutrients for Enhancing Fetal Outcome,” underlining their significance in optimizing pregnancy results. This session was chaired by Dr. Bipasa Sen and Dr. Biswajyoti Guha.

The academic partner for the event was Meyer, lending support to a day rich in learning and professional collaboration.



Public Awareness Programs

PCOS & Menstrual Hygiene Awareness Program “SAKHI”

On 3rd January 2025, BOGS organized a PCOS and Menstrual Hygiene Awareness Program titled “SAKHI” at Sarsuna College, Behala, in collaboration with Albert David. The program aimed to educate and empower young women by addressing critical issues related to Polycystic Ovary Syndrome (PCOS) and menstrual hygiene.

Dr. Basab Mukherjee and Dr. Bidisha Roychowdhury led the session, engaging in an interactive and informative dialogue with the students. A total of 45 students attended the program, which was met with enthusiasm and curiosity, marking a successful step toward health education and awareness among college girls.



PCOS and Menstrual Hygiene Awareness Programme “SAKHI”

On 6th January 2025, BOGS organized a PCOS and Menstrual Hygiene Awareness Programme titled “SAKHI” at Dinabandhu Andrews College, Garia, in collaboration with Albert David. The initiative focused on educating young women about the importance of menstrual hygiene and raising awareness around Polycystic Ovary Syndrome (PCOS), a growing concern among adolescents and young adults.

The session featured engaging and informative talks by Dr. Pradip Kumar Mitra, Dr. Madhu Bahl Deb, and Dr. Polly Chatterjee. The program saw an encouraging participation of 80 students, reflecting the growing interest in and need for such health education initiatives at the grassroots level.



Cervical Cancer Awareness and Screening Programme

On 15th January 2025, a significant awareness program on women's health was held at Monihar Community Hall, Deshbandhu Park, Shyambazar, Kolkata, organized by the IMA Calcutta Metro Branch in association with Chittaranjan National Cancer Institute (CNCI), under the aegis of IMA Bengal State.

The event was graced by renowned gynaecologists and esteemed leaders from FOGSI and BOGS, including Dr. Bhaskar Pal (President Elect, FOGSI), Dr. Basab Mukherjee (President, BOGS), Dr. Shyamal Sett (Vice-President, FOGSI), Prof. Dr. Mumtaz Sanghamita (Ex-MP & Past President, BOGS), Prof. Dr. Sukanta Misra (Past President, BOGS), Prof. Dr. Gita Ganguly Mukherjee, Dr. Bulbul Raichaudhuri, and Dr. Kalpana Sarkar. These distinguished guests were warmly felicitated by the organizers.

The educational segment of the event featured enlightening talks by Dr. Suranjan Chakrabarti, Dr. Saktirupa Chakraborty, and Dr. Sreeya Bose, who addressed key topics such as menstrual hygiene, cervical cancer, and the importance of HPV vaccination.

Dr. Anirban Dalui, Honorary Assistant Secretary of both JIMA and IMA Bengal, elaborated on the MoU between IMA and FOGSI for cervical cancer awareness, emphasizing the value of collaborative efforts.

As part of the outreach, Team CNCI, Rajarhat conducted cervical cancer screening for around 20 women from various age groups. More than 100 women actively participated in the discussions and were sensitized about HPV infection and the preventive potential of the vaccine, marking the event as a meaningful step toward enhanced community health awareness.



Panel Meet on Menstrual Hygiene & Associated Taboos



On 28th March 2025, a thought-provoking Panel Meet on Menstrual Hygiene and Associated Taboos was organized by the West Bengal Commission for Protection of Child Rights, in collaboration with Afflatus Foundation, The Bengal Obstetric and Gynaecological Society (BOGS), and Unique Logistics.



The event brought together experts and advocates to address long-standing myths and stigmas surrounding menstruation, while promoting open dialogue and awareness. Representing BOGS, Dr. Basab Mukherjee delivered the keynote address, emphasizing the

need for education, dignity, and access in menstrual health management. Dr. Jayita Chakrabarti shed light on societal taboos in her talk titled "Menstruation, Periods & Taboos", while Dr. Tulika Jha focused on "Cervical Cancer Awareness", and Dr. Susmita Chattopadhyay addressed "PCOS" and its implications on adolescent health.

The session served as a vital platform for knowledge sharing and community engagement, reinforcing the collective responsibility to break taboos and empower young individuals with accurate health information.

National Girl Child Day Celebration

On 24th January 2025, BOGS conducted a comprehensive school health awareness program at Surah Kanya Vidyalaya, Kolkata, which saw the enthusiastic participation of 300 students—150 each from Classes 6 and 7.

The program was graced by Mrs. Sudeshna Palit, Headmistress of the school, along with four senior teachers who actively supported the initiative. A distinguished team of doctors from BOGS, including Dr. Basab Mukherjee, Dr. Amit Basu, Dr. Abinash Chandra Ray, Dr. Saktirupa Chakraborty, Dr. Nirmala Pipara, Dr. Susmita Chattopadhyay, Dr. Seetha Ramamurthy Pal, Dr. Sebanti Goswami, Dr. Mausumi De Banerjee, Dr. Jayita Chakrabarti, Dr. Tulika Jha, and Dr. Poushali Sanyal,

addressed critical topics such as menstrual hygiene, Polycystic Ovary Syndrome (PCOS), sexual abuse awareness, cervical cancer, and the importance of HPV vaccination.

The interactive sessions were designed to educate and empower young girls with knowledge and confidence regarding their reproductive health. Parent consent forms for the Cervical Cancer (Cx) vaccine were distributed, and it was announced that free Cervavac vaccines would be administered on 4th February 2025 to students whose parents provide consent. The initiative marked a significant step in preventive health education at the school level, reinforcing the importance of early awareness and timely vaccination.



Adolescent Awareness Programme

On 5th February 2025, BOGS conducted a comprehensive adolescent health awareness program at Purwanchal Vidyamandir, Kolkata, aimed at empowering young students with essential knowledge on reproductive and preventive health. The session was attended by 223 students, who actively participated in discussions on key topics such as menstrual hygiene, Polycystic Ovary Syndrome (PCOS), sexual abuse awareness, cervical cancer, and the importance of the cervical cancer vaccine.

Representing BOGS were a distinguished panel of medical professionals, including Dr. Basab Mukherjee, Dr. Amit Basu, Dr. Mausumi De Banerjee, Dr. Gita Ganguly

Mukherjee, Dr. Alok Basu, Dr. Nirmala Pipara, Dr. Jayita Chakrabarti, Dr. Abinash Chandra Ray, Dr. Bipasa Sen, Dr. Saktirupa Chakraborty, Dr. Suranjan Chakrabarti, Dr. Bulbul Raichaudhuri, Dr. Seetha Ramamurthy Pal, Dr. Nandini Chakrabarti (Bhattacharyya), Dr. Sanjib Dutta, Dr. Madhu Bahl Deb, Dr. Bidisha Roychoudhury, and Dr. Chaitali Roy.

Parent consent forms for the Cervical Cancer (Cx) vaccine were distributed, further advancing BOGS's mission to raise awareness and facilitate preventive healthcare among school-aged girls.



Adolescent Awareness Programme

On 29th January 2025, BOGS organized a comprehensive awareness program at Mansur Habibullah Memorial School, Kolkata, focusing on adolescent health and preventive care. The event witnessed an impressive turnout, with 285 students, 212 parents, and 80 school staff members in attendance.

Representing BOGS were Dr. Basab Mukherjee, Dr. Amit Basu, Dr. Sebanti Goswami, Dr. Susmita Chattopadhyay, Dr. Jayita Chakrabarti, Dr. Nirmala Pipara, Dr. Suranjan Chakrabarti, and Dr. Shabana Roze Chowdhury. The discussions covered vital topics such as menstrual hygiene, Polycystic Ovary Syndrome (PCOS), sexual

abuse awareness, cervical cancer, and the importance of HPV vaccination.

The interactive and informative session aimed to empower both students and parents with the knowledge necessary to make informed health decisions. Parent consent forms for the Cervical Cancer (Cx) vaccine were distributed, and it was announced that free Cervavac vaccines would be administered on 4th February 2025 to students whose parents provide consent. The program was a commendable step toward strengthening school-based health education and building awareness around key women's health issues.



World Cancer Day Celebration at Mansur Habibullah Memorial School, Kolkata

As part of the World Cancer Day celebration on 4th February 2025, BOGS conducted a successful Cervical Cancer Vaccination Camp at Mansur Habibullah Memorial School, Kolkata. The camp was a follow-up to earlier awareness sessions held in January and witnessed an encouraging response, with 145 candidates receiving the Cervavac vaccine.

The initiative highlighted BOGS's dedication to promoting cancer prevention through community engagement, education, and timely immunization. By reaching out to adolescents within school settings, the program took a proactive step toward safeguarding future generations against cervical cancer.



238 city schoolgirls get cervical cancer shots

Sumati Vengaloo@timesofindia.com

Kolkata: The Bengal Obstetric and Gynaecological Society (BOGS) stepped into two schools on World Cancer Day to vaccinate 238 girls against cervical cancer. Down as the Union Finance minister during the interim budget in 2014 said the government would encourage cervical cancer vaccination for all girls between 14 years, not reach has been slow. The vaccination in the heart of Kolkata took place on the first birthday of the schoolgirls.

To prepare the ground for the camp organised by BOGS along with the Royal College of Obstetricians and Gynaecologists, International Representative Committee India East and Rotary, they convinced parents of the girls for consent. The vaccination took place in two schools: Surab Karyas School, Beliaghata and Mansur Habibullah Memorial School, Rajdighi.

"Cervical cancer is the second most prevalent cancer in women after breast cancer. It claims a life every eight minutes. Unlike breast cancer, a vaccine can prevent cervical cancer. We are trying to raise more funds so vaccines for all," said gynaecologist Binosh Mishra, president of BOGS. Caused by the HPV (human papillomavirus), which is sexually transmitted, this is the only cancer for which there is a vaccine.

"Since the pathogen of cervical cancer is discovered and a vaccine is available, this cancer can be eliminated through vaccination with in the next 10 to 15 years if we vaccinate girls in every household," said professor of laboratory medicine Sankar Senapati, medical superintendent of CNCL. Health experts said that complete vaccination could cost around Rs 4,000.

Ashish Upadhyay, consultant (medical oncology) at Fortis Anandapuz, stressed the importance of regular screening, recommending it for women up to 65 years. "Early detection remains crucial, as treatment options — ranging from surgery to radiation and brachytherapy — can be highly effective, even in advanced stages," said Upadhyay along with Norepana Health Kolkata, free HPV vaccination for girls in the 14-year age group shortly. The vaccine will be available across all Norepana Hospitals.

VACCINATION DRIVE

- Cervical cancer is the second leading cancer in women.
- The prevalence is higher in rural Bengal.
- Cervical cancer is caused by HPV infection, which is sexually transmitted.

SYMPTOMS

- Bleeding after intercourse
- Vaginal bleeding and discharge
- Pelvic and low back pain

The vaccination drive underway at a city school on Tuesday



World Cancer Day Celebration : Vaccination Camp at Surah Kanya Vidyalaya, Kolkata

On the occasion of World Cancer Day, 4th February 2025, BOGS organized a special Cervical Cancer Vaccination Camp at Surah Kanya Vidyalaya, Kolkata. The initiative aimed to promote cancer prevention through awareness and timely vaccination, especially among adolescent girls.

A total of 93 candidates received the Cervavac vaccine, reflecting strong community participation and the success of prior sensitization efforts. The event stood as a testament to BOGS's continued commitment to women's health and cancer prevention, making a meaningful impact in the fight against cervical cancer.

ক্যান্সারে টিকাকরণ, দাবি নোটিফায়েবল ডিজিটেল

এই সমস্যা গত বছর কেন্দ্রীয় বাজেটে ৯-১৪ বছর বয়সী মেয়েদের সাইটিক্যাল ক্যান্সারের টিকাকরণের পক্ষে দোর সত্তরাল করেছিলেন কেন্দ্রীয় অর্থমন্ত্রী নির্মলা সীতারামন। কিন্তু বাজেট সেই শব্দের রূপহীন হারানি দে ভাবে। এ বার সেই কর্মসূচি এখানে এল বেঙ্গল অবস্টিট্রিকস অ্যান্ড গাইনোকোলজিক্যাল সোসাইটি (বিওজিএস)। সাইটিক্যাল ক্যান্সারের প্রতিবেদকের একমাত্র দেশীয় উৎসাহক নিরম ইনসিটিউটের সঙ্গে যৌথ উদ্যোগে কলকাতার দুটি স্কুলে তারা টিকাকরণ করল মঙ্গলবার বিগ ক্যান্সার দিবসে। বেনেখানি ও কুঁদখানির দুটি স্কুল মিলিয়ে মেট্রি ২৪৪ জন ছাত্রীকে বিনামূল্যে সেবার হয় সাইটিক্যাল ক্যান্সার।

বিওজিএসের সভাপতি বাসব মুখোপাধ্যায় বলেন, 'একমাত্র সাইটিক্যাল ক্যান্সার বা ক্যান্সারের ক্যান্সারকেই টিকার মাধ্যমে পুরোপুরি প্রতিরোধ করা যায়। কারণ, এই ক্যান্সারের নেপথ্য থাকে হিউমান পাপিলোমা ভাইরাসের সংক্রমণ যাকে এর টিকা দিয়ে প্রতিরোধ করা সম্ভব। কিন্তু এ নিয়ে পর্যাপ্ত সচেতনতা অর্জন সেই জনমানসে। তাই আমরা সচেতনতা গড়ে তুলছি বিগে বিগে। আশা করি এতে টিকাকরণ কর্মসূচি আরও হবে আমরা।'

বিওজিএসের পৃষ্ঠপোষকি বিভিন্ন সংগঠন, সংস্থা ও হাসপাতালের তরফেও সমস্বকার ক্যান্সার

সচেতনতা উৎসর্গ করা হয় দিনটি। দেশে অ্যানোপ্লাথি টিকাকরণের বৃহত্তম সংগঠন ইন্ডিয়ান মেডিক্যাল অ্যাসোসিয়েশন (আইএমএ)-এর রাজ্য শাখার তরফে আয়োজিত অনুষ্ঠানে কার্যক্রমে 'নোটিফায়েবল ডিজিটেল' ঘোষণার সনি তোলা হয়। নোটিফায়েবল ডিজিটেল হলে প্রতিটি ক্যান্সার রোগীর সম্পর্কে বিস্তারিত তথ্য থাকবে সরকারের কাছে। তাই 'ইউনাইটেড টু নোটিফাই' নামে একটি দাবি তোলা হয় অ্যাসোসিয়েশন হাসপাতাল আয়োজিত অনুষ্ঠানে। তিসান হাসপাতালের তরফে আয়োজিত অনুষ্ঠানে কার্যক্রম রোগীদের জন্যে মিউজিক থেরাপি পরিবেশা স্তর যোগা করা হয়।



Celebration of International Women Day Apni Kutir, Khardah

International Women's Day was meaningfully celebrated with a comprehensive program focused on women's health and empowerment, bringing together participants for a day of awareness, education, and community support.

Bone Mineral Density (BMD) check-ups, general medical examinations, and essential medicines were distributed to promote preventive care.

The event featured informative discussions on health awareness, menstrual hygiene, cervical cancer awareness, osteoporosis and bone health, as well as sessions on diet, nutrition, exercise, and women empowerment. As part of the healthcare outreach, attendees received

A total of 62 participants along with 4 staff members took part in the program. Representing BOGS were Dr. Pradip Kumar Mitra, Dr. Amit Basu, and Dr. Debosmita Das Chowdhury, who engaged the audience with their expertise and encouragement, reinforcing the importance of proactive health management for women at every stage of life.



World Cancer Day Celebration : Vaccination Camp at Purwanchal Vidyamandir, Kolkata



Following the cervical cancer awareness program and parental consent drive held on 5th February, BOGS organized a Cervical Cancer Vaccination Camp on 12th February 2025 at Purwanchal Vidyamandir, Kolkata. A total of 61 candidates received the Cervavac vaccine as part of this preventive health initiative.

The camp was conducted in the presence of Dr. Basab Mukherjee, Dr. Amit Basu, and Dr. Mausumi De Banerjee, alongside school teachers and staff representatives from the Serum Institute of India. The event marked a successful culmination of the awareness efforts and underscored the importance of collaborative action in safeguarding adolescent health through timely vaccination.

Medical Camp at Purulia (Jhiling Sareng & Bubukdha)

As part of its ongoing commitment to community outreach, BOGS recently conducted a Medical Camp featuring a wide range of health-focused activities. The camp offered general health checkups and consultations, distribution of essential medicines, and awareness sessions aimed at educating the local population on preventive healthcare and wellness practices.

Beyond the clinical services, the initiative extended into post-camp engagement, fostering a deeper connection with the community through local engagement programs and interactive cultural exchange sessions with villagers, which created a vibrant and inclusive atmosphere.

The camp was supported by the active participation of esteemed BOGS members, including Dr. Basab Mukherjee, Dr. Arup Kumar Majhi, Dr. Swapna Majhi, Dr. Suranjan Chakrabarti, Dr. Saktirupa Chakraborty, and Dr. Kalipada Murmu, whose dedication and compassionate service made the event both impactful and memorable for all involved.



Celebration of International Women Day at Matri Mangal Pratisthan



On 8th March 2025, The Bengal Obstetric & Gynaecological Society (BOGS) and Kolkata Menopause Society came together to celebrate International Women's Day at Matri Mangal Pratisthan, 228 Rabindra Sarani, Kolkata.

The event opened with an inspiring inaugural speech by Dr. Nirmala Pipara, Chairperson of the Public Awareness Committee, BOGS, who emphasized the significance of Women's Day and the transformative power of women within families and society. This was followed by a powerful address on "Naari Shakti" by Dr. Harsh Prabha Dutta, Consultant Anaesthesiologist, and an enthusiastic speech by Dr. Jaya Dugar, Consultant Gynaecologist,

who highlighted the invaluable contributions of women across all tiers of hospital service, including nursing staff, dais, and sweepers.

The celebration saw the joyful participation of around 68 attendees, who were treated to heartfelt cultural performances—a captivating dance by OT in-charge Mrs. Kamala Ganguli, as well as recitations and songs by Mrs. Soma Ghosh. Miss Padma Mondal added her own artistic charm to the event, and various sisters joined in with individual and group songs, adding vibrancy and spirit to the occasion.

As a lead-up to the event, on 7th March 2025, free health screenings including Haemoglobin, Random Blood Sugar, and Bone Mineral Density (BMD) tests were offered, along with Vitamin D3 testing for nursing and paramedical staff. In support of women's health, free iron and calcium tablets were also distributed. With its perfect blend of healthcare, empowerment, and cultural celebration, the program was a resounding success and a heartfelt tribute to womanhood.

Celebration of International Women Day Apni Kutir, Garia

International Women's Day was observed with a strong focus on public awareness and health screening, led by a dedicated team of doctors including Dr. Saktirupa Chakraborty, Dr. Madhu Bahl Deb, Dr. Shabana Roze Chowdhury, and Dr. Annesha Dutta.

The initiative included screening of 50 patients for anaemia and osteoporosis, aiming to promote early detection and preventive healthcare. The camp was

inclusive and community-focused, with special attention given to vulnerable groups, including 10 adolescent girls and 7 children under the age of 10. The program successfully combined awareness, education, and action—empowering women and young girls with knowledge and access to essential health services in honour of the day.



Social Activities

Smriti Charan

On 24th December, the solemn and heartfelt event “Smriti Charan” was held at Pratishruti, commemorating the cherished memories of those who have contributed significantly to the medical and academic community.

The occasion was graced by the presence of esteemed dignitaries including Dr. Partha Kumar Bhattacharyya, Dr. Basudeb Ghosh, and Dr. Jayasree Roychowdhury,

who paid tribute with reflective words and heartfelt remembrance.

The gathering served as a moment of reflection, gratitude, and reverence—honouring legacies and inspiring the continuation of their noble work in the field of healthcare.



International Women’s Day (Photography Competition)

To mark the occasion of International Women’s Day, BOGS organized a vibrant and inspiring Photography Competition centered around the theme: “For All Women & Girls – Right | Equality | Empowerment.”

The competition aimed to celebrate the strength, resilience, and spirit of women through the lens of creativity. Participants captured powerful moments reflecting the essence of gender equality and women’s empowerment, sparking thoughtful conversations and artistic expression.



The event garnered enthusiastic participation, and attractive prizes were awarded to the winners, making the initiative both memorable and motivational. Through this unique celebration, BOGS highlighted the importance of recognizing and honouring the voices and visions of women in all walks of life.

BOGS Picnic

The much-awaited BOGS Picnic was held on 26th January 2025 at the serene and scenic Mukherjee Bagan Bari in Badu, Madhyamgram. The event brought together approximately 110 members, including families, colleagues, and friends, for a day filled with laughter, relaxation, and bonding. Set against a picturesque backdrop, the picnic featured delightful activities, delicious food, and cheerful camaraderie, creating a perfect blend of leisure and togetherness. It was a memorable occasion where everyone—from senior members to little ones—truly enjoyed themselves, celebrating not just Republic Day but also the strong sense of community that BOGS continues to foster.



Adda Session on 8th February, 2025 at Lemon Tree Premier on the evening of YUVA CON 2025

An exciting and intellectually stimulating evening session was organized featuring two dynamic “Adda Sessions” along with the felicitation of young achievers through the Yuva Awards. The evening began with a lively discussion on “Managing Your Finances”, moderated by Dr. Basab Mukherjee, which brought together financial consultants Mr. Sumanta Choudhury and Mr. Malhar Majumder from Positive Vibes, alongside medical professionals Dr. Abhijit Ghosh, Dr. Kusagradhi Ghosh, Dr. Jayita Chakrabarti, and Dr. Sujoy Dasgupta. The session offered practical insights into financial planning tailored for healthcare professionals.

The highlight of the evening was the prestigious Yuva Icon Awards, presented to Dr. Avishek Bhadra, Dr. Bidisha Roychowdhury, Dr. Dipanwita Banerjee, Dr. Manisha Vernekar, Dr. Poushali Sanyal, Dr. Shabana Roze Choudhury, Dr. Sharmistha Ganguly, and Dr. Sujoy Dasgupta, in recognition of their outstanding contributions and rising leadership. Additionally, the Yuva Excellence Awards honoured Dr. Manjir Mitra, Dr. Mariam Khanam, Dr. Ritwik Ghosh Halder, Dr. Sreeya Bose, Dr. Sohini Choudhury, and Dr. Sunabha Kumar Ghosh for their commendable academic and clinical achievements.

The evening concluded with the second Adda Session on “Nuances of Private Practice”, moderated by Dr. Amit Basu, with engaging perspectives from Dr. Basudeb Mukherjee, Dr. Sajal Dutta, Dr. Mahua Bhattacharya, Dr. Poushali Sanyal, Dr. Bishistha Bagchi, and Dr. Ritwik Ghosh Halder. Both sessions were rich in practical wisdom and relatable experiences, leaving the audience informed and inspired about managing finances and navigating the evolving landscape of private practice.



Let's Talk Vaccination

A significant awareness program on Vaccination in Women was held on 16th January 2025 at the historic Town Hall, Kolkata, drawing attention to crucial aspects of immunization in women's health.

The event featured engaging talks by leading experts—Dr. Sonali Sain spoke on the “Benefits of Vaccination”, Dr. Basab Mukherjee addressed the importance of “Influenza Vaccine in Pregnancy”, and Dr. Jayita Chakrabarti emphasized the need for the “Cervical Cancer Vaccine”. The scientific session was chaired by Dr. Abinash Chandra Ray, Dr. Alok Basu, Dr. Kalpana Sarkar, and Dr. Shyamal Sett, who guided the discourse with insightful observations. A stimulating panel discussion on “Vaccination in Women – Barriers & Challenges”

followed, moderated by Dr. Sebanti Goswami and Dr. Soma Datta.

The expert panel included Dr. Kaushik Basu (Clinical Immunologist), PDG Rtn Mukul Sinha (Rotary), Dr. Seetha Ramamurthy Pal (Gynaecologist), Dr. Sayantan Saha (Paediatrics), Dr. Sumita Saha (Neonatology), Dr. Vandana Bhatia (UNICEF), and Ms. Smritikana Mani (Nursing), who collectively provided multi-disciplinary perspectives on the barriers to vaccine uptake among women.

The program was attended by 79 participants and served as a vital platform for advocacy, collaboration, and knowledge exchange, reinforcing the importance of inclusive and accessible vaccination programs.



TV Programme on Dysmenorrhoea and Menstrual Health

The informative health program “Hello Doctor” was broadcast on 16th January 2025 on the regional television channel DD Bangla, with the aim of raising awareness about menstrual health among Bengali-speaking audiences.

The session featured Dr. Shambhunath Bandyopadhyay, Associate Professor at IPGMER, SSKM Hospital, Kolkata, and senior member of BOGS, alongside Dr. Bidisha Roychoudhury, Assistant Professor at IPGMER, Executive Committee Member of BOGS, and a key member of the Adolescent Subcommittee. Conducted in Bengali, the discussion addressed menstrual health concerns across all age groups, with a special focus on dysmenorrhoea and ovarian cysts. The program included a live Q&A segment through audience call-ins, providing a platform

for real-time interaction. Visual aids, such as photographs of ovarian cysts and adhesions, were used to enhance understanding.

The session concluded with a practical summary on maintaining hygiene during menstruation and identifying red flag symptoms that warrant medical attention. To maximize its reach, the episode was rebroadcast twice—later that night and the following morning, ensuring broader community access to this vital health information.

Dr Mahua Bhattacharyya, Clinical Secretary, BOGS & Dr Dhruba Ray, senior gynaecologist and BOGS member, participated in the Hello Doktor Babu programme on Doordarshan. The topic was Endometriosis and it was a very informative discussion.



Obituary

No words can truly capture the depth of sorrow and loss that accompanies the passing of our loved and respected ones. Prof. Manabendra Kumar Sanyal, an eminent gynaecologist and a highly respected senior teacher, passed away on February 15, 2025, leaving behind a remarkable legacy in the field of gynaecology.

Prof Sanyal served as Professor and Head of the Department at Eden Hospital, Calcutta Medical College. He was a very friendly teacher, to whom students looked up to. He earned admiration as a skilled gynaecologist and his loss is deeply felt by his family, colleagues, students, and the countless patients whose lives he touched.

He is survived by his wife Prof Sabitri Sanyal and his two daughters.



New Annual Members

Dr Alka Bassi Sen, Dr Mandira Sanyal, Dr Bhakti Bhusan Bari, Dr Suparna Dutta, Dr Nayanika Banerjee, Dr Nandini Goswami, Dr Moumita Bera, Dr Trisha Mondal, Dr Nilanjan De, Dr Mallika, Dr Sagarika Roy, Dr Priyanka Saraf, Dr Sunabha Das, Dr Debadrita Das, Dr Bhumika Pal, Dr Nibha Nandi, Dr Ekta Sharma, Dr Priyanka Saha, Dr Dhara Layek, Dr Sudipa Dutta, Dr Sounita Karmokar, Dr Rituparna Baidya, Dr Kale Pratiksha Mahadeo, Dr Shristi Kedia, Dr Sadia Hasnin, Dr Kumari Shivani, Dr Geeta Kumari, Dr Swastika Ghosh, Dr Arnab Barma, Dr Nileshta S More, Dr Nagavaram Haritha, Dr Sabarna Das, Dr Nirajita Chakraborty, Naveena R, Dr Anwesha Chakraborty, Dr Meenakshi Karan, Dr Mou Mitra, Dr Anup Kumar Sarkar, Dr Arjunayan

Roy, Dr Sukhomoy Barik, Dr Priyanka Dubey, Dr Farmina Siddique, Dr Mitali Phulia, Dr Kumari Shivani, Dr Pratiksha Mahadeo Kale, Dr Sadia Hasnin, Dr Rashmi Halder, Dr Monalisa Jana, Dr Dwipendra Nath Dutta, Dr Souparna Biswas, Dr Sahanaz Khan, Debasmita Mondal, Dr Manisha Bahubalindra, Dr Saranya Das, Dr Sabarnee Banerjee, Dr Cheryl Mankar, Dr Zainub Fatima, Dr Madhuparna Majumdar, Dr Debasmita Roy, Dr Malabika Bagani, Dr Neha Kumari Singh, Dr Joyita Dey, Dr Tapan Kumar Bagani, Dr Milan Kundu, Dr Rupa Pal Mondal, Dr Pritha Chakraborty, Dr Indrakshi Saha, Dr Avir Sarkar, Dr Quazi Quaiser Alam, Dr Tanurama Garain, Dr Priya Kumari, Dr M A Ikbal, Dr Debopriya Biswas, Dr Richa Gupta, Dr Mantulal Maiti, Dr Arpita Malakar, Dr

Souvik Das, Dr Anjam Biswas, Dr Anisha Kujur, Dr Aindrila Kundu, Dr Mrityunjay Mandal, Dr Anima Roy, Dr Mahasweta Dey, Dr Rupa Paul Mondal, Dr Bimal Chandra Das, Dr Pooja Yadav, Dr Nitya Modi, Dr Anirban Bhattacharyya, Dr Neha Kumari Singh, Dr Surya Agarwal, Dr Binoy Hembrom, Dr Maitre Sarkar, Dr Shagufta Yasmin, Dr Ruchira Ghosh, Dr Monalisa Majumder, Dr Anushka Mitra, Dr Suchismita Bain, Dr Shuvangi Chatterjee, Dr Anukriti Bharadwaj, Dr Shayani Mandal, Dr Surya Agarwal, Dr Amrita Chatterjee, Dr Priyanka Ravichandran, Dr Sayantani Bhanja, Dr Ruksana Begum, Dr Aasma Menan, Dr Sakina Khatun, Dr Saptaporni Maiti, Dr Khadija Kobira, Dr Shubham Kumar Roy, Dr Ponnada Deepti Kamal Rao, Dr Gaurav Khastgir, Dr Arunima Guha

Forthcoming Activities

Date	Venue	Program
April 18-20	Biswa Bangla Convention Centre	EZVPCON
April 23, 2025	Webinar	5th BEST PG Webinar
April 24, 2025	The Stadel, Salt lake	“Recognize, Respond, Report: Medical Professionals’ Role in Addressing Child Abuse and Sexual Assault”: On the occasion of National Sexual Assault Awareness and prevention Month and National Child Abuse Prevention Month
April 25-26, 2025	Auditorium, Apollo Multispeciality Hospitals, Kolkata	“Autism: Womb to Cradle” A Perinatology Conference
May 3, 2025	The Park	The 1st Dr Baidyanath Chakravarty Memorial Oration. Orator: Dr Bani Kumar Mitra
May 9, 2025	TBD	CME on Elagolix & Rabindra Jayanti
May 10, 2025	ITC Royal Bengal, Kolkata	AOGIN India-Interim CME: Hands on Simulation Training on Colposcopy, LLETZ, Thermal ablation

Academic Partners of BOGS 2024-2025

